

CPMT Minutes
March 1, 2023

(CPMT met in a hybrid format of in person and virtual. Minutes of this meeting will be distributed to interested parties via email, as best available method at this time.)

Present:

~~Leea Shirley, LFHD (Chair)~~
~~Kim Collette, Private Provider (Vice Chair)~~
~~Jean Martin, Parent Representative~~
Beth DeLullo, SCDSS
Jennifer Stratton, SCPS, SCPS (rep)
Denise Acker, NWCSB (rep)
Jerry Stollings, DJJ (acting Chair)
Brad Pollack, BOS Representative
Jim Fitzsimmons, BOS appointment

Others Present:

Aaron Hernandez, CSA Coordinator
Alicia Aston, SCPS

Item	Discussion	Action
Call to Order/ Additions to the Agenda		B.DeLullo motioned for J. Stollings as acting chair with L. Shirley and K. Collett absent, unanimous approval
Approval of Minutes	No changes to minutes	B.DeLullo motioned to approve February minutes, J. Stratton seconded, unanimous approval with J. Stollings abstained and J.Fitzsimmons as present
Consent Agenda (FAPT Budgets)	No changes to the consent agenda	D.Acker motioned to approve the consent agenda, B.DeLullo – seconded unanimous approval
Financial Overview	<p>A.Hernandez provided January 2023 expenditures, FY23 view, and a view of expenditures from FY20 – FY23</p> <p>J.Stollings – amount of money spent in mentoring is staggering, almost as high as residential treatment as a service provided/paid for, don't want to unfairly target Life Enrichment Services in the process. Mentoring ends up being a replacement for other mental health services. In speaking with Courtney (FAPT DJJ member), discussing the lack of other services available.</p> <p>Foster care, IEP services, residential placements are the services that absolutely need to be funded – concern that county could place new limitations to only these services due to unsustainable expenditures</p> <p>Multifaceted approach to curbing expenditures –</p> <ol style="list-style-type: none"> 1. get families off mentoring 	

2. changing approach to how cases start mentoring
3. bring more vendors to the area (with more Medicaid and insurance-funded)

D. Acker – should there be a time limit on mentoring? J. Stollings – this should be a part of the discussion in the CPMT/FAPT joint meeting, have FAPT members invested in the work

A.Hernandez – survey questions were sent and responses will be compiled for the next meeting.

B. DeLullo – concern for the timesheet requirement because there are parents who have reports that they haven't seen a timesheet – are workers getting family members to sign at the end of the month rather than at each service?

A.Hernandez – timesheets were already expected by many other localities so this was not new for most vendors who were already doing this for other CSA offices and their own records

A.Hernandez - Preliminary expenditures for February 2023 - over \$700,000

J. Fitzsimmons – what is the definition of mentoring? Concern for research being done in other states not seeing outcomes

J. Stollings – I think that is what needs to happen, that hasn't been before. Mentoring – effectiveness is about 6-9 months.

What are other localities doing – not providing/contracting with mentoring as a service

J. Stratton – how are we qualifying cases?

J. Fitzsimmons – COVID has changed the community, truancy is up, school violence is up, etc. How do we sustain meeting these needs in Shenandoah County – at this rate it is unsustainable

Are there other ways to meet these needs – teachers as mentors, badges mentor as a volunteer service, does NWCSB need more therapists – D. Acker reported that NWCSB is actively recruiting

J.Stratton – private day school expenditure could be curbed if SCPS had its own alternative school
Job description of a mentor – provided by each vendor, up to the case manager and the FAPT members to complete utilization review

FAPT Report	K. Collett had sent out an email about having a joint FAPT/CPMT meeting – this was mentioned at FAPT yesterday, need to bring the 2 teams together to discuss Meeting date to be determined	A.Hernandez will send out a Doodle poll to CPMT and FAPT to schedule joint meeting
CPMT/ FAPT Operational and Policy Issues - Old Business	Audit – discussed responses to the Management Discussion Points Parent representative – needed on CPMT A.Hernandez reported that Sherry Arey was retiring from Family Promise and had expressed interest in continuing her involvement. Private Provider – needed on FAPT, looking for ideas, even if there was a rotation of providers Program Enhancement Plan – OCS training module still needed by most CPMT members by the end of March (FAPT members have completed this)	D. Acker motioned, B.DeLullo seconded, unanimous approval of the MDP, to be signed and submitted to OCS.
New Business	J.Fitzsimmons – what do contracts look like for vendors, how to we get to these rates? \$100/hr for CTS J.Fitzsimmons – proposed ending new approvals for mentoring, no second, no vote/approval How is this gap filled if mentoring stops? <ul style="list-style-type: none"> - Within the schools – teachers/other staff identified as supports - How else do we support these families? J. Stratton – would like to look at many options at the school level, alternative school, etc. Mentoring is not carrying over to the school and benefitting/improving their behaviors in school – helping at home, may or may not keep out of court J. Fitzsimmons – mentoring is in place of therapy J. Stollings – explore a cut off point so it isn't stopped completely J. Fitzsimmons – are we stopping mentoring at the end of school MDP responses Vendor responses from the survey – A.Hernandez reported that most vendors have responded, WCMHC responded this week, LES has yet to respond (possibly to respond today) Any updates for expenditures D.Acker – we are unable to discuss vendor issues without responses from vendors.	D.Acker motioned, J.Stratton seconded the motion that all payments will be held by vendors who have not submitted timesheets with invoices. Unanimous approval
Closed Session	None needed	

Other Business/ Agency Reports or Updates	J. Fitzsimmons would like to sit in FAPT for the month of March to observe	
Meeting Adjourned		J. Stollings adjourned the meeting at 12:01pm
Next CPMT Meetings	April 4, 2023 May 3, 2023 June 7, 2023	

Respectfully Submitted,

Aaron Hernandez
CSA Coordinator

3/2/23
Date