

# Shenandoah County RECREATION GUIDE Parks & Recreation



**Winter/Spring '26**  
**Registration opens Jan 1**

Hawaii Cruise | Egg Hunt | Mommy & Me Yoga | Ski Club | P.A.S.S. Programs

**Get Your WAC  
Membership  
today!**

  
**SHENANDOAH**  
COUNTY  
PARKS & RECREATION



**PARKS & RECREATION**

**Staff Info**

**Director**

Jered Hoover

[jhoover@shenandoahcountyva.us](mailto:jhoover@shenandoahcountyva.us)

**Recreation Program Supervisor**

Brandi Rhinehart

[brhinehart@shenandoahcountyva.us](mailto:brhinehart@shenandoahcountyva.us)

**Senior Program Supervisor**

Teresa Funkhouser

[tfunkhouser@shenandoahcountyva.us](mailto:tfunkhouser@shenandoahcountyva.us)

**Sports Supervisor**

Ben Stine

[bstine@shenandoahcountyva.us](mailto:bstine@shenandoahcountyva.us)

**Administrative Assistant**

Bree Pifer

[bpifer@shenandoahcountyva.us](mailto:bpifer@shenandoahcountyva.us)

**Park Supervisor**

Chuck Bromley

[scpr@shenandoahcountyva.us](mailto:scpr@shenandoahcountyva.us)

**KidzRec Admin/HRES Site Director**

Melissa Lindamood-Foltz

[mlfoltz@shenandoahcountyva.us](mailto:mlfoltz@shenandoahcountyva.us)

**KidzRec WWR Site Director**

Jenny Neff

[jneff@shenandoahcountyva.us](mailto:jneff@shenandoahcountyva.us)

**KidzRec SHES Site Supervisor**

[mlfoltz@shenandoahcountyva.us](mailto:mlfoltz@shenandoahcountyva.us)

**LIABILITY WAIVER  
RELEASE**

I am fully aware that my child's participation in programs, services, activities, facilities and events is completely voluntary. In consideration of my child's participation, I individually, and on behalf of my minor child and our respective heirs, successors, assigns and personal representatives, hereby release the County of Shenandoah and its officers, employees, volunteers and agents (in their official and individual capacities) from any and all liability whatsoever for any and all damages, losses or injuries to persons or property or both in connection with my child's participation in the programs, services, activities, facilities and events, including, without limitation, any damages, losses or injuries that may be sustained or suffered by my child or any person in connection with my child's association with or participation in, activities at, sponsored by or arising out of the programs, services, activities, facilities and events.

**CODE OF CONDUCT**

To ensure safe and enjoyable programs and facilities for all residents, Shenandoah County Parks & Recreation developed the following code of conduct for those participating in programs and using facilities:

1. Show respect to all participants, staff, equipment and facilities.
  2. Refrain from using offensive or profane language.
  3. Refrain from aggressive behavior that could cause bodily harm.
- Shenandoah County Parks & Recreation takes a positive approach to behavior. The County reserves the right to dismiss individuals whose behavior or language is deemed inappropriate and/or endangers the safety of others or damage to property or equipment.

**'We Bring The Fun'**

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**PHOTO & VIDEO POLICY**

Photos and videos are periodically taken of participants in class, during special events or at parks and facilities. These photos and video footage are used by the SCPR and may appear in publications and website. All photos are the property of Shenandoah County Parks and Recreation.

**Shenandoah County Parks and Recreation**  
1195 Hisey Avenue, Woodstock, VA 22664

**Office Hours:** Mon-Thurs: 6a-8p  
Fri: 6a-7p  
Sat: 7a-2p/Sun: 12-4p

**Phone: 540-459-6777**

**Email: [scpr@shenandoahcountyva.us](mailto:scpr@shenandoahcountyva.us)**

# SIGN-UP

FITNESS CENTER  
LOCATED AT 1195  
HISEY AVENUE  
WOODSTOCK, VA

# The WAC FITNESS MEMBERSHIP

The WAC

## HOURS OF OPERATION

- Mon-Thurs 6am-8pm
- Fri 6am-7pm
- Sat 7am-2pm
- Sun-12-4pm

## WHAT WE OFFER

- Treadmills
- Elliptical Machines
- Free Weights
- Spin Bikes
- Strength Training Machines
- AND MORE

## MONTHLY FEES

RESIDENT ADULTS/YOUTH (AGES 16-54)  
\$40/MONTH (\$45 NON RESIDENT)

RESIDENT ADULT COUPLE (BOTH 16-54)  
\$70/MONTH (\$75 NON RESIDENT)

RESIDENT SENIOR (AGE 55+)  
\$35/MONTH (\$40 NON RESIDENT)

RESIDENT SENIOR COUPLE (BOTH 55+)  
\$60/MONTH (\$70 NON RESIDENT)

RESIDENT FAMILY, 3+ IN SAME  
HOUSEHOLD  
\$100/MONTH (\$120 NON RESIDENT)

## DAILY FEES

ADULT - \$5 (\$8 NON RESIDENT)  
SENIOR - \$4 (\$7 NON RESIDENT)

ADULT 10 PUNCH CARD  
\$50 FOR 10 DAY PASSES (NO EXPIRATION)

SENIOR 10 PUNCH CARD  
\$40 FOR 10 DAY PASSES (NO EXPIRATION)

RESIDENT - RESIDENT OF  
SHENANDOAH COUNTY



  
**SHENANDOAH**  
 COUNTY

PARKS & RECREATION

### Cowboy Country & National Parks

**Ages 18+, SCPR Staff.** This trip will have all types of experiences for you focused on the American West, featuring a blend of historical sites, natural wonders and entertainment! Visit the Buffalo Bill Center of the West, Buffalo Bill Dam & Visitor Center, explore Old Trail Town & Museum, tour Wyoming Frontier Prison, visit Museum of Northwest Colorado, Arches National Park, Zion National Park along with the North and South Rims of the Grand Canyon including a ride on the Grand Canyon Railway Scenic Train! We'll stand on the corner in Winslow, AZ and be in four states at one time at the Four Corners Monument! Stop at the Chapel of the Holy Cross and enjoy free time in Sedona, Arizona before we head back home. Round-trip air fare, deluxe motor coach transportation, daily breakfasts and 3 dinners to include 1 dinner show at the Cody Cattle Company for an evening of fun family entertainment accompanied by an all-you-can-eat buffet. \$250 deposit is required when you register. Travel insurance is available and must be purchased when you register, separate check to PML Tours in the



amount of \$559 per person (Double), \$789 (Single). Travel insurance is non-refundable if you cancel out of the trip. **Trip will fill FAST! Register by May 1, 2026, max 50.**

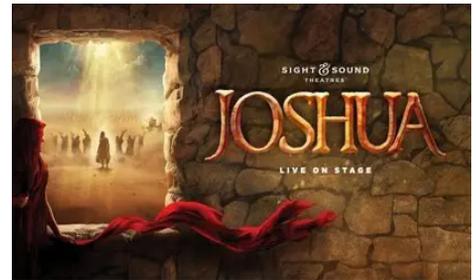
Date	Fee
Sept 9-19, 2026	\$4,899/Double \$6,699/Single



### Joshua

**Ages 14+, SCPR Staff.** BE STRONG AND COURAGEOUS! From the banks of the Jordan River to the towering walls of Jericho, JOSHUA is a miraculous adventure for the whole family. Journey alongside the people of Israel as they navigate their new-found freedom in an unforgiving wilderness. When Joshua is called to replace Moses as their faithful leader, tensions mount in the midst of dwindling supplies and approaching armies. With one last fortified city standing between the Israelites and the Promised Land, unexpected help emerges from behind enemy lines and Joshua's trust in God's plan is put to the ultimate test. Experience one of the most redemptive stories of the Bible as it comes to life. Leaving Woodstock Shopping Center at 6:15am, Strasburg Food Lion at approx. 6:30am. Return to Shenandoah County approx. 7:30pm. Under 18 must be accompanied by an adult. Fee includes show, lunch at Miller's Smorgasbord and transportation. **Register by Feb 11 and Aug 10 respectively, max 50.**

Date	Where	Fee
April 15, 2026	Sight and Sound	\$188
Sept 23, 2026	Sight and Sound	\$188



### PA Grand Canyon

**Ages 18+, SCPR Staff.** This trip has a relaxed feel as we experience the stunning beauty of Pennsylvania's Grand Canyon by covered wagon! We'll enjoy a cowboy lunch before our covered wagon tour. Other fun points of this trip include a lunch cruise on Seneca Lake, the deepest of the Finger Lakes, visit Leonard Harrison State Park for more views of the Grand Canyon of Pennsylvania. Enjoy a self-guided tour of the Corning Museum of Glass, Miller's Purely Maple, a family-owned and operated farm that produces high quality maple products as well as free time to enjoy the charm of Wellsboro, PA to include a visit to Highland Chocolates to help your sweet tooth cravings! Trip includes motor coach transportation, 3 nights hotel accommodations, 3 breakfasts, 1 dinner and 2 lunches. \$100 deposit is required when you register. Travel insurance is available and must be purchased when you register, separate check to PML Tours in the amount of \$92 per person (Double), \$145 (Single). Travel insurance is non-refundable if you cancel out of the trip. **Register by Feb 20, max 50.**

Date	Fee
May 5-8, 2026	\$999/Double \$1,399/Single



### Spirit of Washington Dinner Cruise

**Ages 18+, SCPR Staff.** Join us for an elegant experience of fine dining and entertainment on our Washington, DC premier dinner cruise. This upscale evening on the Potomac River features a chef-prepared plated meal, craft cocktails and exceptional service. You'll soak in sweeping views of Washington, DC's iconic landmarks, such as the Washington Monument and Lincoln Memorial from the warm and comfortable in-



doors areas and the open-air decks while our live DJ plays all your favorite hits. Unforgettable dinner and evening of dining and dancing on the water! Cruise includes 2 1/2 hour cruise, plated dinner, live DJ and scenic views. Cash bar will be available, dress code is cocktail attire. Meet at WAC, bus leaves at 3p, returns around midnight. **Register by March 1, 2026, max 48.**

Date	Fee
April 25, 2026	\$160

### Arundel Mills Mall & LIVE! Casino

**Ages 18+, SCPR Staff.** With over 180 outlets including Coach, Gap, Corning ware, Corelle, Legos, Nike, and more, you will find a few outlets that will suit your needs! If shopping isn't your thing, then next door is one of the biggest Live! Casinos in the nation. Maryland's Live! Casino features over 4,000 slots and Vegas-style electric table games, over 200 live-action tables including Blackjack, Craps, Roulette, Mini-Baccarat, Fortune Pai Gew Poker, and a Poker room. Lunch and dinner is OYO. We will de-



part the Woodstock Shopping Center at 8:30am, return at approximately 6pm. Under 18 yrs must be accompanied by adult. Anyone entering the casino must be 21. **Register by April 1.**

Date	Where	Fee
Apr 18	Arundel Mills, MD	\$65

**Oklahoma!** **Ages 18+, SCPR Staff.** Cowboy Curly and farm girl Laurey carve out a life together in a brand-new state. The unforgettable Rogers & Hammerstein score includes 'Oh, What a Beautiful

Date	Where	Fee
Apr 29	Dutch Apple Theatre Lancaster, PA	\$146

Mornin', People Will Say We're in Love, I Cain't Say No! and the exhilarating title song Oklahoma! **Register by March 19, max 50.**



### Guys and Dolls

**Ages 18+, SCPR Staff.** Meet smooth-talking gambler Sky Masterson, always ready for a high-stakes bet, and quick-witted hustler Nathan Detroit, just trying to keep his legendary dice game alive. Add in nightclub star Miss Adelaide, who's been engaged for fourteen years, and straight-laced missionary Sarah Brown, whose world gets turned upside down when love comes knocking. Set against the vibrant streets of New York City, Guys and Dolls is a laugh-out-loud musical comedy packed with iconic songs, colorful characters, and un-



forgettable moments. A sure bet for a great night out. Fee includes motorcoach transportation, show and lunch. Departing from Woodstock Shopping Center at 9:30am, return around 6:30pm. **Register by April 24, max 50.**

Date	Where	Fee
June 17	Riverside Theatre	\$146

### Oscar and Felix

**Ages 18+, SCPR Staff.** Brace yourself for uproarious laughter as Totem Pole Playhouse presents Oscar and Felix, a fresh and spirited take on Neil Simon's classic comedy The Odd Couple. When carefree sportswriter Oscar Madison takes in his newly single, obsessively neat friend Felix Ungar, their wildly different personalities ignite a whirlwind of sharp banter, laugh-out-loud moments, and heartwarming chaos. With clever dialogue, unforgettable characters, and the irresistible chemistry of Ray Ficca AND Darren Server as Oscar and Felix along side John Putch directing, this reimagined favorite delivers all the hilar-



ity and charm you love, plus a few surprises. Fee includes motorcoach transportation, show and lunch. Departing from Woodstock Shopping Center at 9:30am, return around 6:30pm. **Register by May 20, max 50.**

Date	Where	Fee
July 22	Chambersburg, PA	\$122

### Dolly

**Ages 18+, SCPR Staff.** Step into the spotlight with Karen Hester as Dolly Parton, one of the most dazzling tribute artists to grace the stage performing at Totem Pole Playhouse. Known for her powerhouse vocals, sparkling costumes, and unmistakable Southern charm. Karen has been winning over audiences nationwide with her stunning portrayal of the legendary Dolly Parton. Fee includes motorcoach transportation, show and lunch. Departing from Woodstock Shopping Center at 9:30am, return around 6:30pm. **Register by June 23, max 50.**



Date	Where	Fee
Aug 20	Chambersburg, PA	\$122

### Pretty Woman-The Musical

**Ages 18+, SCPR Staff.** If you love the movie, you will love the musical! This modern Cinderella tale follows a business man who hires an escort to spend the weekend with him. As the weekend unfolds, the two embark on an unexpected journey of self-discover and find true love along the way. Fee includes motorcoach transportation, show and lunch. Departing from Woodstock Shopping Center at 7:30am, return around 7:30pm. **Register by July 10, max 50.**



Date	Where	Fee
Sept 3	Dutch Apple Theatre Lancaster, PA	\$146

### Christmas in New York City-2026

**Ages 18+, SCPR Staff.** Enjoy New York City on your own for 3 day/2 nights. The holiday lights add to the magic, from the enormous tree at Rockefeller Center to the LED-lit Saks Fifth Avenue facade, and the animated window displays at Macy's Herald Square. Sip hot chocolate while you shop for last-minute gifts at a German-style Christmas markets or enjoy the age-old tradition of watching the Radio City Rockettes perform or a Broadway Play or just enjoy New York City. Hotel is located in the heart of Manhattan, offering many services and amenities while standing out because of the cutting edge and elegant design. Trip includes round trip motor coach, hotel accommodation, 2 breakfast, standard taxes and baggage handling. Under 18 must

Date	Where	Fee
Dec 7-9, 2026	NYC	Double-\$1,399 Single-\$1,999

be accompanied by an adult. Travel insurance is available and must be purchased when you register, separate check to **PML Tours** in the amount of \$145 (Double), \$199 (Single). Travel insurance is non-refundable if you cancel out of the trip. **Register by Oct 1, max 35. Price is per person.**

### Salem & Boston-Witches & Ghouls

**Ages 18+, SCPR Staff.** Includes 5 nights hotel accommodations to include 5 breakfasts, 1 dinner, motor coach transportation, local hosts and guides in Salem to greet group, ghosts & gravestones trolley tour of Boston. Guided tour of Salem, admission to the Salem Witch Museum, the Witch Dungeon Museum, tour the Real Pirates Salem – Pirate and Witch Experience. Tour the House of Seven Gables and visit Quincy Market in Boston. **Register for trip to be notified of trip prices and dates, released in summer 2026!**

## Islands of Hawaii Cruise

**Ages 18+, SCPR Staff.** Join us aboard Norwegian Cruise Lines "Pride of America" for a magical journey around the Hawaiian Islands. Enjoy a 2-night stay in Honolulu followed by an 8-day/7-night cruise! Receive a traditional Lei as a welcome to Hawaii and a guided tour of Honolulu, including admission to the USS Arizona Memorial when we arrive. Free time to visit the International Marketplace or explore before we board. Once boarded we will visit **Kona**, located along Hawaii's western shore, where the slopes of Mauna Loa and Hualalai meet the sea, the Kona Coast is home to endless lava fields and Pacific sunsets. **Hilo, Hawaii**—Gaze up from this charming town and see the Mauna Kea Volcano. It's just one of the scenic marvels in this exotic greenhouse of lush tropical plants, towering banyan trees, thundering falls, and enough flowers to fill a rainbow. **Kahului, Maui**—Maui is "The Valley Isle," formed by two dormant volcanoes, with 10,023 ft. Haleakala being the largest. Haleakala National Park, 'Lao Valley, Wailua lookout, and numerous beaches and excellent golf courses are found here. **Nawiliwili, Kauai**—On the sacred "Garden Island", the sweet smell of Mokihana berries permeates the air and the lush green landscape intoxicates the Senses. This is where native Hawaiians come for the scenery. Spend another day enjoying the world's most photographed beaches. Cruise by the Na Pali Coast, spanning 17 miles along Kauai's North Shore, the Na Pali Coast is a sacred place defined by extraordinary natural beauty. Trip includes round-trip airfare, lei flower greeting, two nights hotel accommodations in Honolulu, Honolulu tour with admission to the USS Arizona Memorial, transfers in Hawaii, cruise, cabin, shipboard meals, port charges, taxes & transfers to your local airport. Also, included are bonus amenities based on your cabin choice. **Group A Bonus amenities:** Hawaii Beverage Package, Shore Excursion Credit (\$50 per cabin), Specialty Dining (1 night inside and 3 nights ocean view balcony), 150 Wi-Fi Minutes. **Group B Bonus amenities:** \$100 Onboard Credit per cabin, Shore Excursion Credit (\$50 per port, per cabin), 150 Wi-Fi minutes, 10-Photo Package. If you book an Inside cabin, you choose 2 amenities from either group. If you book Ocean View Balcony, you choose either Group A **OR** B amenities. \$500 deposit is required to hold your spot, with \$100 of your deposit being non-refundable. Travel insurance is available and must be purchased at time of registration, separate check payable to PML Tours in the amount of \$611 (Inside cabin), \$752 (Ocean View Balcony). Travel insurance is non-refundable if you cancel out of the trip. **Register by Aug 1, 2026, max 35. Call for single pricing.**



Date	Where	Fee
Feb 4-16, 2027	Hawaii	Inside-\$5,199 Ocean View Balcony \$6,399

**FREE**  
Family event sponsored by KidzRec and SCPR

# EASTER

Wed, APRIL 1st  
6:30 pm

## Eggstravaganza

Shenandoah County Park

Rain  
Date  
APRIL  
2nd



SCAN  
HERE TO  
REGISTER!

Shenandoah County Park - 380 Park Lane, Maurertown  
HUGE PRIZES FOR MOST EGGS AND GOLDEN EGGS!  
HOT DOGS, BOUNCE HOUSE, GAMES

GATE  
OPENS  
AT 5:30

THINKING ABOUT  
SELLING YOUR LAND,  
FARM, OR COUNTRY  
HOME?

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SPECIALIST.

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DBA Whitetail Properties Real Estate. Licensed in VA - Chip  
Camp, Broker.

Find your spot in the meadow behind  
the tennis courts, bring a chair or  
blanket, and dress for the weather!

**SATURDAY, APRIL 11**  
APPROXIMATE START: 8:15PM  
**STAR PARTY**  
at the County Park

Members of the Shenandoah Astronomical  
Society will be giving a tour of the nighttime sky.  
Bring your binoculars if you have them to be  
shared within your family group. You'll learn how  
to find and identify constellations as well as what  
types of objects you can expect to see with our  
naked eye, with binoculars and with a telescope!

Cancelled if cloudy or rainy -  
call the cancellation line at  
540-459-6777 (option "0")  
or check our Facebook page  
for cancellation notices

Telescopes  
provided, feel  
free to bring  
your own!

**RAIN DATE - SAT. APRIL 18**

### Jumping Jellybeans

**Ages 2-5, Madison Marston.** Play, bounce and jump, to refine motor skills and have fun with a gym full of toddler-appropriate play equipment. Jump on the small trampoline, crawl through the tunnel, climb over the padded hills, or play ball. **Register Thurs before session, max 10.**

DAY	DATE	TIME	WHERE	FEE
Wed	Feb 4-25	5:30-6p	Charterhouse	\$38
Wed	Mar 4-25	5:30-6p	Charterhouse	\$38
Wed	Apr 1-22	5:30-6p	Charterhouse	\$38
Wed	May 6-27	5:30-6p	Charterhouse	\$38



### Beginner Gymnastics

**Ages 6-12, Madison Marston.** We will learn/practice the basic skills of gymnastics. Your child will learn balance, self-control, movement, rolls, etc. One adult is encouraged to stay and help their child practice the skills. **Register Thurs before session, max 10.**

DAY	DATE	TIME	WHERE	FEE
Wed	Feb 4-25	6:15-6:45p	Charterhouse	\$38
Wed	Mar 4-25	6:15-6:45p	Charterhouse	\$38
Wed	Apr 1-22	6:15-6:45p	Charterhouse	\$38
Wed	May 6-27	6:15-6:45p	Charterhouse	\$38

### Buildology Class

**Ages 6-12, Karenina Baker.** Come out and have some fun building with different types of materials. We will have a LEGO building day, Lincoln logs day, tinker toys day and knexd day! Meet new friends all while having fun building your own design. Snack provided. **Register one week prior to class, max 10.**

DAY	DATE	TIME	WHERE	FEE
Tu	Feb 3-24	7-7:45p	WAC-Act Rm	\$30

### Tumbling Classes

**Ages 2-5, Madison Marston.** Movements such as rolls, twists, cartwheels, or somersaults on floor mats or on the ground. One adult is encouraged to stay and help their child. **Register Thurs before session, max 10.**

DAY	DATE	TIME	WHERE	FEE
Wed	Feb 4-25	7-7:30p	Charterhouse	\$38
Wed	Mar 4-25	7-7:30p	Charterhouse	\$38
Wed	Apr 1-22	7-7:30p	Charterhouse	\$38
Wed	May 6-27	7-7:30p	Charterhouse	\$38

### Okinawan Martial Arts Classes

**Ages 5+, Rick Edge.** The **Beginners Class** will teach you an effective and complete system of karate with professional encouragement and motivation. Class will cover punching, kicking, sparring, self-defense techniques, take downs and throws, breaking of holds, flexibility, coordination, weapons, philosophy and history of Karate. Make this a family activity, extra family members pay

LEVEL	SESSIONS	TIME	FEE
Beginner	Feb 16,17,25,26,Mar 2,3,11,12,16,17,25,26	6-7p	\$60/\$25
Beginner	Mar 30,31 Apr 8,9,13,14,22,23,27,28 May 6,7	6-7p	\$60/\$25
Beginner	May 11,12,20,21,June 3,4,8,9,17,18,22,23	6-7p	\$60/\$25
Advanced	Feb 16,17,25,26,Mar 2,3,11,12,16,17,25,26	7-8:30p	\$60/\$25
Advanced	Mar 30,31 Apr 8,9,13,14,22,23,27,28 May 6,7	7-8:30p	\$60/\$25
Advanced	May 11,12,20,21,June 3,4,8,9,17,18,22,23	7-8:30p	\$60/\$25

\$25 each. This **Advanced Class** will take your skills to the next level adding onto your current knowledge of karate. This is a six-week class held twice a week. Sweatpants and t-shirt is suggested attire. Class held at 3484 N. Main Street in Toms Brook. **Register week before session, max 10.**



### Ramtaastic P.E. Class

**Grades K-3, Peter Ludlam.** Class offers an exciting and active environment where kids can develop their athletic skills through fun games, team sports, and fitness challenges. With expert coaching and a focus on teamwork and personal growth, it's the perfect place for young athletes to stay active and build confidence. **Register by Thurs before start, max 15.**



DAY	DATE	TIME	WHERE	FEE
Tu	Mar 3-24	3:30-5p	SHES Gym	\$38

### Lil Tykes Tee Ball

**Ages 3-6, Steve Kibler.** All the little tykes out there interested in learning the basics of Tee Ball need to check out this instructional class. Participants will learn the basics on how to bat, throw and catch. Parents are encouraged to help out with their lil slugger while our instructor provides class instruction to everyone. **Register by Jan 31, max 20.**



DAY	DATE	TIME	WHERE	FEE
Sat	Feb 7-Mar 7	9-10a	Charterhouse	\$40

Let the mountains bring you home

**SAGER**  
REAL ESTATE

**540.465.3771**  
111 E. King St. Strasburg, VA 22657  
Licensed in VA & WV  
SagerRealEstate.com

## Adaptive Open Gym

**Ages 5-14, Keyana Cahill.** A welcoming program designed for people with diverse physical and cognitive abilities. With adaptable equipment and supportive staff, participants can explore activities, build confidence, and enjoy movement at their own pace all while having fun and connecting with others. *NOTE: This program is designed to promote community recreation and is not intended to provide behavior therapy interventions, tools or techniques. Parent/Guardian is REQUIRED to stay for class. Register by Friday before class, max 10. Price is per date.*

DAY	DATE	TIME	WHERE	FEE
Sat	Feb 7, 21, Mar 7, 21, Apr 4, 18	2-3:30p	Charterhouse Gym	\$5

## Bitty Ballers

**Ages 3-5, SCPR Staff.** Introduce your little one to the game of basketball in a safe, playful, and confidence-building environment! Using soft foam basketballs, kids will learn basic skills like dribbling, passing, and shooting through fun games and age-appropriate activities. This class focuses on coordination and developing a love for the game, all while keeping things light, safe, and full of smiles! **Register by day before start, max 12.**

DAY	DATE	TIME	WHERE	FEE
Wed	Mar 4-25	3:30-4p	WAC-Lower Studio	\$23



## Mommy & Me Guided Ceramic Painting

**Ages 5+ & one parent, Toni Dinges.** Get creative together at our Mommy & Me Guided Ceramic Painting. Follow the instructor led event OR choose your own path to create a handmade keepsake. Work at your own pace, workshop followed by open class time. Fee includes all supplies needed. **Register by March 20, max 20.**

DAY	DATE	TIME	WHERE	FEE
Sat	Mar 21	1-4p	Valley Soaps, Mt Jackson	\$35

## Think Spring Painting Workshop

**Ages 8+, Toni Dinges.** Celebrate spring with friends and paint! In this guided canvas painting, you'll be supplied with the resources and instruction you need to create a blooming masterpiece. Fee included all supplies needed. 12 & under must be accompanied by an adult. **Register by April 17, max 20.**

DAY	DATE	TIME	WHERE	FEE
Fri	Apr 17	6-8p	Valley Soaps, Mt Jackson	\$30

## Intro to Leather Craft

**Ages 18+, Ashley Hill.** Over this five-week course you will be introduced to traditional leather craft with an emphasis on the proper use of tools. You will learn basic tooling patterns as you create a leather journal cover to take home or give as a gift. Class fee includes all materials needed for your completed project. All tools will be provided for use during class. **Register by two weeks before session, max 8.**

DAY	SESSION	TIME	WHERE	FEE
Th	Mar 26-Apr 23	6-8p	WAC-Lower Studio	\$120



## Advanced Leather Class

**Ages 18+, Ashley Hill.** Over this five-week course you will further your leathercraft lessons learned in the Intro to Leather Craft class. You must have completed the previous class before this class. Students will receive an in-depth study into fine leather arts. Completing projects such as a custom belt, hand buck stitched. Along with each class having a smaller project to hone in their skill set learned that evening. Class fee includes all materials needed for your completed project. All tools will be provided for use during class. **Register two weeks before session, max 8.**

DAY	SESSION	TIME	WHERE	FEE
Wed	Feb 4-Mar 4	6-8p	WAC-Lower Studio	\$120

## Basket Weaving Classes

**Ages 12+, Virginia Stultz & Jean Whetzel.** Don't miss this opportunity to weave some neat baskets and meet new friends! Class fee includes all materials needed for the basket. Feel free to bring a drink/snack with you. **Register by week before session, max 8 weavers.**



**Class held at 944 Moose Rd, Woodstock. Morning and evening sessions available.**

BASKET	DAY	DATE/TIME	FEE
Yarn or Filler Up	Tu	Feb 3, 9a-1p <b>OR</b> Feb 17, 5-9p	\$39
Smiling Flowers	Tu	Mar 3, 9a-1p <b>OR</b> Mar 17, 5-9p	\$28
Beads & Squares	Tu	Apr 7, 9a-1p <b>OR</b> Apr 14, 5-9p	\$28

## Adult Fused Glass Art

**Ages 18+, Suzanne Soliday.** Create beautiful, fused glass artwork in this fun and technical class. You will learn how to cut and shape colored sheet glass, techniques like layering and assembly, and embedding wire inclusions. All supplies and step by step instruction are provided. Participants are required to wear closed toe shoes to class. Projects are kiln fired and ready to pick up a week after class. **Register by one week before class start, max 12. Classes held at Suzanne's Studio, 130 W. Court Street, Woodstock.**

DAY	ITEM	SESSIONS	TIME	WHERE	FEE
Tu	Night Light	Feb 3	1-3p	Suzanne's Studio	\$49
Sat	Night Light	Feb 28	10a-12p	Suzanne's Studio	\$49
Tu	Springtime Display	Mar 3	1-3p	Suzanne's Studio	\$69
Tu	Plant/Garden Stake	Apr 7	1-3p	Suzanne's Studio	\$39
Th	Night Light	Apr 30	5:30-7:30p	Suzanne's Studio	\$49
Tu	Fused Glass Dish	May 5	1-3p	Suzanne's Studio	\$39



## Concealed Carry Classes

**Ages 18+, Shen Co Sheriffs Dept.** The Shenandoah County Sheriff's Office will be holding a concealed carry training class at the County Government Center. This class will cover all rules, regulations, and home safety concerns that will permit individuals to carry a concealed weapon. The class covers all aspects of weapons safety and satisfies the course requirements for obtaining a Concealed and Carry Handgun permit (CHP) in the State of Virginia. The class is an informative and fun way of learning what you need to know about concealed carry. Law enforcement members will be on hand to answer all questions. **Register by Wed before each class, max 20. Price is per date.**

DAY	SESSIONS	TIME	WHERE	FEE
Sat	Feb 14, Mar 14, Apr 11, May 9	9-11a	Sheriff's Office Building, Training Rm 134	\$20

## Card Making

**Ages 18+, Judy Klock.** Learn the art of handmade cards, no experience required! In this beginner-friendly class, you'll create four beautiful cards using a variety of papercrafting tools and techniques. All supplies are provided by the

DAY	SESSIONS	TIME	WHERE	FEE
Mon	Intro to Card Making	Feb 23	10a-12p	WAC-Lower Studio \$17
Mon	Stamping Bingo	Mar 23	10a-12p	WAC-Lower Studio \$28
Mon	Creative for Experienced	Apr 27	10a-12p	WAC-Lower Studio \$17
Mon	All-Inclusive Craft	May 18	10a-12p	WAC-Lower Studio \$26

instructor, just bring your favorite adhesive. **Register one week before session, max 10. Fee is per date.**



## Blue Ridge Book Club

**Ages 18+, Vicki McClinton.** We're a welcoming community of book lovers eager to explore a diverse range of genres and share insights in spirited monthly discussions. This upcoming series we are alternating between fun fiction reads and best-selling personal development/psychology books. Come join us! **This is a FREE club and nothing is included. Pre-registration required!**



DATE	TIME	BOOK	WHERE
Feb 26	6-7:30p	The Memory of Running	WAC-Activity Room
Mar 26	6-7:30p	West with Giraffes	WAC-Activity Room
Apr 23	6-7:30p	Girls Sleuth: Nancy Drew & the Women Who Created Her	WAC-Activity Room
May 28	6-7:30p	Balzac and the Little Chinese Seamstress	WAC-Activity Room

## Chunky Blanket Class

**Ages 18+, Anthony Lusby and Sarah Green.** This hands-on workshop will guide you step-by-step through the process of creating your own blanket. Whether you're completely new to knitting or simply looking for a relaxing creative outlet, class is designed to be approachable and enjoyable. Leave class

DAY	SESSION	TIME	WHERE	FEE
Mon	Mar 9	5-8p	WAC-Activity Room	\$38
Sat	Mar 21	11a-2p	WAC-Activity Room	\$38
Mon	Apr 6	5-8p	WAC-Activity Room	\$38
Sat	Apr 25	11a-2p	WAC-Activity Room	\$38

with the skills and confidence to make your own. Perfect for gifting, decorating, or enjoying on a chilly evening! Participants need to bring a minimum of 4 skeins of Super Bulky Yarn with each skein being at least 31.7 yds. Light colors will work best. **Register by one week prior to class, max 12.**



## Guided Ceramic Painting Workshop

**Age 8+, Toni Dinges.** Join us for a relaxing guided ceramic painting. Follow the instructor led event OR choose your own path to create a beautiful masterpiece. Work at your own pace, workshop followed by open class time. Fee includes all supplies needed. Ages 12 and under will need to be accompanied by an adult. **Register March 6, max 20.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Mar 7	1-4p	Valley Soaps, Mt Jackson	\$30

## Best Practices and Tips on using Google Tools

**Ages 18+, Tim Taylor.** Workshop will equip you with essential best practices and tips for maximizing your use of Gmail, Google Calendar, Google Search, Google Chrome, Google Drive, and Google Docs. You can bring your laptop or Chromebook, or one will be provided. If you just want to watch, that is fine as well. **Register week before session, max 18.**

DAY	SESSION	TIME	WHERE	FEE
Mon	Feb 9	6-8:30p	School Brd Train Rm	\$23

## Galentine's Painting Workshop

**Ages 15+, Toni Dinges.** An evening for the ladies! Grab your best gal pal (or choose one of ours once you arrive) and paint the evening away with this guided canvas painting event. Fee includes all supplies needed. **Register by Feb 6, max 20.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Feb 7	6-8p	Valley Soaps, Mt Jackson	\$30

## Exploring AI: Ways to use Safely/Effectively

**Ages 18+, Tim Taylor.** Join us for an engaging workshop designed to demystify AI and empower you to use it confidently. We'll explore practical applications of AI in everyday life and professional settings. No prior AI experience is required. You can bring your laptop or Chromebook, or one will be provided. If you just want to watch, that is fine as well. **Register week before session, max 18.**

DAY	SESSION	TIME	WHERE	FEE
Mon	Feb 2	6-8:30p	School Brd Train Rm	\$23

# SHUFFLE TIME

If you are a card game enthusiast or looking for a way to meet new people, join in on either or both card playing opportunities!

Join our newest "social club" all levels welcome, especially beginners.

Feel free to bring your own drink and a snack to share with others!

Tuesday evenings 6-8pm  
 Wednesday afternoons 12:30-4pm  
 Lower Studio at The WAC  
 Enter at Door #4  
 1195 Hisey Ave. - Woodstock



**Games to start**  
 Canasta Spades  
 Euchre Rummy  
 and more!

## VALLEY BRIDGE CLUB

**Friendly Rubber Bridge!**

Feeling rusty? Come watch!  
 No Partner needed!

EVERY WEDNESDAY  
 8:30AM - 12PM  
 CLUB MEETS IN THE LOWER STUDIO  
 1195 HISEY AVE, WOODSTOCK, VA  
 Need transportation? Ride the ShenGO!

**FREE!**

**SHENANDOAH COUNTY**  
 PARKS & RECREATION

## YARN CREW

MEETS EVERY THURSDAY  
 10AM-12PM

ALL TYPES OF HANDIWORK ARE WELCOME - CROCHET, KNITTING, LOOMING, CROSS STITCHING, AND MORE. BRING ALL OF YOUR OWN SUPPLIES AND JOIN THE FUN WITH THIS SOCIAL GROUP!

NEED TRANSPORTATION? RIDE THE SHENGO

WELLNESS & ACTIVITY CENTER - 1195 HISEY AVE WOODSTOCK

## MAHJONG CLUB

Group meets in the Activity Room at 1195 Hisey Ave, Woodstock, VA

All Ages Welcome  
 Every Tuesday 10am-12pm  
 All Levels Welcome

FREE!

All equipment is provided and all skill levels are welcome! This is a great way to keep your brain active and meet new people.

SHENANDOAH COUNTY  
 PARKS & RECREATION

## ShenCo Ukulele Circle

Keep your ukulele skills sharp!

Group meets in Lower Studio at 1195 Hisey Ave, Woodstock 1-3PM

Jan. 3 & 17  
 Feb. 7 & 21  
 March 7 & 21  
 April 4 & 18  
 May 2 & 16

**SHENANDOAH COUNTY**  
 PARKS & RECREATION

## Mexican Train Dominoes

Group meets in the Lower Studio at 1195 Hisey Ave Woodstock, VA

1st and 3rd TUESDAY of each month  
 9am -12pm

NO EXPERIENCE NEEDED - JUST STOP BY!

AGES 21+ FREE!



## START. ENHANCE. CHANGE.

Laurel Ridge's fast-track training programs in Healthcare, IT, and Skilled Trades prepare you for stable, in-demand careers that offer sustainable wages to support you and your family.

With flexible schedules and hands-on learning, you'll gain the skills needed to step confidently into the workforce.

### PROGRAMS ENROLLING NOW

- POWER LINE WORKER PROGRAM
- FIBER OPTIC INSTALLER
- SHRM CERTIFICATION PREP+ COURSE
- COMPTIA TECH+ PREP AND CERTIFICATION
- COMPTIA A+ PREP AND CERTIFICATION
- COMPTIA SECURITYX PREP AND CERTIFICATION
- ITIL FOUNDATIONS PREP AND CERTIFICATION
- AI TOOLS FOR THE WORKPLACE
- DENTAL ASSISTING PROGRAM
- DENTAL RADIATION HEALTH & SAFETY
- MEDICAL ASSISTANT PROGRAM (CCMA)
- PHARMACY TECHNICIAN PROGRAM
- PATIENT SERVICE REPRESENTATIVE PROGRAM (PSR) (CMAA)
- MECHATRONICS: FUNDAMENTALS OF ELECTRICITY
- CONSTRUCTION PROJECT MANAGEMENT
- HEAVY EQUIPMENT OPERATOR LEVEL 1
- CDL-A WEEKDAY CLASS
- ELECTRICAL LEVEL 1
- HVAC LEVEL 1
- PLUMBING LEVEL 1
- GAS METAL ARC WELDING (GMAW/MIG)
- SHIELDED METAL ARC WELDING (SMAW/STICK)
- FLUX CORE ARC WELDING (FCAW/FLUX)
- GAS TUNGSTEN ARC WELDING (GTAW/TIG)

### Why Choose Laurel Ridge?

- Accelerated training for high-demand careers
- Hands-on experience with essential, real-world skills
- Earn industry-recognized certifications
- Tuition assistance available for eligible students

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 LURAY, VA, AND WARRENTON, VA



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laurelridgeworkforce.com

### Advance Care Planning

**Ages 18+, Adrienna d'Asti.** Learn how to explore and document your values, preferences, and healthcare wishes through advance care planning. Led by an end-of-life doula, this informational session covers key topics such as healthcare proxies, living wills, and how to start meaningful conversations with loved ones. Ideal for adults of all ages who want to make informed, compassionate choices about their future care. **Register by one week before session, max 20.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Jan 17	12:30-1:30p	WAC-Lower Studio	FREE
Wed	Feb 18	6:30-7:30p	WAC-Lower Studio	FREE
Sat	Mar 14	12:30-1:30p	WAC-Lower Studio	FREE

### Kick the Clutter and Simplify Things

**Ages 18+, Sue Bloomfield.** Start the New Year with a fresh perspective! Join us for a fun hour of practical and simple ideas to take your home and life from littered to lovely! Topics to include: room simplifying, travel tips, managing the Holiday, cleaning techniques and more! **Register by one week before class, max 20.**



DAY	SESSION	TIME	WHERE	FEE
Wed	Feb 4	10-11a	WAC-Activity Room	FREE

### Medicare 101

**Ages 18+, Angela Brewer.** This presentation will discuss how Medicare works and what it costs; which parts of Medicare you need; when to enroll in Medicare to avoid penalty; what Medicare covers and what it doesn't; how to get free claims support for life and much more! The presenter has experience in teaching folks about Medicare and helping with retirement. This meeting is educational only and won't have individual plan details. Light refreshments will be available, and you will have time for questions. Presenter does not work for Medicare nor is endorsed by Medicare or any governmental agency. This is the same presentation presented on different dates and times. **Register by week before session, max 15.**



DAY	SESSION	TIME	WHERE	FEE
Th	Mar 12	1:30-3:30p	WAC-Activity Room	FREE
Th	Apr 9	6-8p	WAC-Activity Room	FREE
Th	May 14	1:30-3:30p	WAC-Activity Room	FREE

### Medicare Education Forum

**Ages 18+, Boomer Insurance Group.** The Town of Mount Jackson, in partnership with the Town of Woodstock, Shenandoah County Government, and the Town of Strasburg, invites you to a Medicare Education Forum presented by Boomer Insurance Group. Whether you're preparing to enroll in Medicare soon, assisting a loved one, or simply want to better understand your options, this event will provide clear, helpful guidance at no cost to you. Learn the basics, understand enrollment timelines, compare plan types, and get your questions answered by knowledgeable experts. Who should attend: Upcoming Medicare enrollees, caregivers, retirees, and anyone wanting to better navigate Medicare. Join us and feel confident about your Medicare decisions! Inclement weather date Feb. 5. **Register by Jan. 21, max 30.**

DAY	SESSION	TIME	WHERE	FEE
Th	Jan 22	9-11:30a	Shen Co Community Center-CREW Building	FREE

### Your Last Wishes

**Ages 21+, Steve Heishman.** How many times have we been told or said it ourselves, 'When I die I want.....' But how many of us have our last wishes in written form? Don't leave your last wishes unknown; join Steve Heishman from Heishman Funeral Homes discussing information on the cost of funerals, information on prepaid burial as well as tips on writing your own obituary. Steve will share good information to help you with your last wishes so grieving family and friends aren't confronted with dozens of decisions which must be made quickly and often under great emotional duress. Don't delay any longer, sign up today! **Register by one week before class date, max 15.**

DAY	SESSION	TIME	WHERE	FEE
Wed	Apr 8	6-8p	WAC-Lower Studio	FREE

### The Battle of Wapping Heights, VA

**Ages 16+, Aaron's Civil War Travels.** Battle occurred as Union troops under General George G. Meade tried to cut off Lee's retreat from Gettysburg by pushing through Manassas Gap in the Blue Ridge Mountains. The fight that occurred would be intense and bloody and involved several famous units including the Union (Berdan's) Sharpshooters and the Confederate Company B of the 17th Virginia Infantry "Warren Rifles," a local unit from Front Royal. The battle is also known as the "Blackberry Affair." **Register by Mar 2, max 30.**

DAY	SESSION	TIME	WHERE	FEE
Tu	Mar 3	1-2:30p	WAC-Lower Studio	FREE



### Seeking Freedom

**Ages 18+, NPS.** When did freedom come to those enslaved at the plantations of Cedar Creek and Belle Grove National Historical Park? Join a National Park Service ranger to explore the park's connections to the Underground Railroad Network to Freedom. **Register by Mar 26, max 30.**

DAY	SESSION	TIME	WHERE	FEE
Fri	Mar 27	3-4:30p	WAC-Lower Studio	FREE

### Ready, Set, Grow!

**Ages 7-12 Family Youth Initiative.** Explores the dimensions of wellness through hands-on activities, crafts, and meaningful discussions. Learn and practice key resilience skills such as problem-solving, emotional regulation, and positive self-talk, while discovering practical ways to support self-confidence and healthy habits. Each session highlights a different dimension of wellness, helping participants grow emotionally, socially, physically, and beyond in a supportive environment. **Register by Feb 4 (Feb Class) and Apr 24 (May class), max 15.**

DAY	SESSION	TIME	WHERE	FEE
Wed	Feb 11	4-6p	WAC-Activity Room	FREE
Fri	May 1	4:30-6:30p	Seven Bends St Pk	FREE



### Kayaking on the Shenandoah

**Ages 16+, SCPR Staff.** Let's get on the river for a morning float! This leisurely float on the beautiful Shenandoah River is for any level of kayaker. Meet at The WAC. All equipment is provided. Shoes are required. Dry bags are encouraged to keep snacks and phone dry. Final location of float will be determined closer to event. **Register by Apr 28, max 13.**

DAY	DATE	TIME	WHERE	FEE
Th	Apr 30	1-3p	Meet @ the WAC	\$28

### WILD GUYde Adventures with SCPR

**Lester Zook-WILD GUYde Adventures.** Our provider has been providing outdoor adventure guiding in the Shenandoah Valley, along Virginia's Blue Ridge, in the Massanutten Range, and in the Potomac Highlands of West Virginia. Owner Lester Zook, is a Wilderness First Responder and a certified Instructor Provider with the Professional Climbing Instructors Association and has cave rescue training with the National Cave Rescue Commission. WGA is fully insured, is fully permitted in the George Washington and Monongahela National Parks. Directions and more info provided later by instructor via email. For Parent/Child programs, both the parent and child **MUST** pay/register. Check out each individual session for a further

ADVENTURE	AGE	DAY	DATE	TIME	WHERE	FEE
Beginner Wild Caving	12+	Sat	Feb 28	8:30a-12p	Bridgewater, VA	\$40
Beginner Rock Climbing	12+	Sat	Mar 28	9a-5p	GW Natl Forest	\$70
Intermediate Rock Climbing	12+	Sat	Mar 28	9a-5p	GW Natl Forest	\$70
Canopy Tour-Zip line	50+	Th	Mar 26	9a-5p	Circleville, WV	\$110
High Knob Fire Tower Hike	50+	Th	Apr 23	9a-5p	GW Natl Forest	\$40
Via Ferrate	50+	Wed	May 6	9a-5p	Circleville, WV	\$160

description at [www.scpr.info](http://www.scpr.info). **Register by week before program, max 10 per session.**



**ONLY \$20 AN HOUR**

**NEED A SPACE FOR YOUR...**  
**BIRTHDAY PARTY? FAMILY GATHERING?**  
**SPORTS PRACTICE? BABY SHOWER?**

**LET SCPR HELP YOU OUT.**  
 Book the Charterhouse Gym for all of your indoor facility needs.

## FOSTER PARENTS NEEDED!

54% of foster children in Shenandoah County are adolescents  
 71% of those adolescents were unable to remain in our county due to lack of foster families

FOR MORE INFORMATION SCAN THE BARCODE OR CALL US AT: 540-459-6226

**SHENANDOAH COUNTY SOCIAL SERVICES**

# Your HVAC Professionals

"This community's best kept secret"

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**THE TRUST RESPONSIBILITY INTEGRITY Team**

COMMONWEALTH OF VIRGINIA  
 FREDERICK D. NEAL  
 NO. 013413  
 PROFESSIONAL ENGINEER

### Volleyball Training

Ages 11-18, Megan Bowers. Do you want to take your game to the next level? This program is for you! Participants will work on volleyball conditioning, footwork, agility and skills. If you want to maximize your volleyball potential then



signup today! **Register by Friday before session starts, max 25.**

DAY	SESSIONS	TIME	WHERE	FEE
Tu, Th	Jan 6-29, Feb 3-26, Mar 3-26, Apr 7-30, May 5-28	6-8p	CHTRH-Gym	\$75

### CHS Volleyball Clinic

Ages 11-18, Ashlie Clar. This program is for girls that want to get a jump start on the volleyball competition. Participants will work on skills such serving, passing, setting and hitting. By the end of the 5-session program they will certainly see improvement in all areas of their game. **Register day before the session, max 40.**

DAY	SESSIONS	TIME	WHERE	FEE
Sat	Feb 21-Mar 21	3-5p	CHS NEW-Gym	\$50

### Spring Tennis Lessons

Ages 5-12, Matt Wratchford. If you are looking to start playing tennis or looking for extra instruction this program is for you. Backhands, forehands, volleys and serves, we will work all aspects of the sport. Space is limited so don't delay signing up!

**Register by day before start, max 20.**

AGES	DAY	SESSIONS	TIME	WHERE	FEE
5-8	Mon	Apr 6-May 4	5:30-6:30p	W.O. Riley Park	\$40
9-12	Mon	Apr 6-May 4	6:45-7:45p	W.O. Riley Park	\$40

### Archery Class

Ages 8-15, SCPR Staff. This exciting class is for any youngster interested in archery, which is a great way to practice patience, self-discipline, and hand-eye coordination. This class is for any archer who wants to learn the proper way to shoot a bow and arrow. Participants will learn about equipment safety, proper shooting techniques, and marksmanship. Compound, recurve and crossbows will be taught. **Register by Apr 6, max 25.**

DAY	SESSIONS	TIME	WHERE	FEE
Wed	Apr 8-29	5-6p	PMMS Field	\$38

### Ski Club at Bryce Resort

Ages 8-14, Bryce Resort. Bryce staff will provide instruction, then you will have free time to enjoy the slopes. Helmets are required for skiing/snowboarding, these are included in equipment rental. Must provide your own transportation. No make-ups or refunds will be offered unless Bryce Resort closes early.

Parent options available as well, with participating child, see options on-line. **Register by Feb 4. NO class Feb 15.**

OPTION	DAY	SESSIONS	TIME	WHERE	FEE
Lift Tix, Lesson	Sun	Feb 8-Mar 15	1-4p	Bryce	\$200
Lift Tix, Lesson, Equip Rent	Sun	Feb 8-Mar 15	1-4p	Bryce	\$300

### Softball Clinic

Ages 7-12, Front Royal Fire Travel Coaches. Take your game to the next level at our one-day Fast-pitch Softball Clinic! Players will focus on hitting, fielding, pitching, and game fundamentals through hands-on instruction and drills. Perfect for developing skills, building confidence, and preparing for the upcoming season—all in a fun, supportive environment. **Register day before start.**

DAY	SESSION	TIME	WHERE	FEE
Sun	Mar 15	10a-3p	Riverview Park-Wdstk	\$25



### Flag Football Leagues-Boys and Girls Leagues

Grades 6-8, 9-12. Flag football has recently been added as a college sport! Down, set, hut! This fun league will be action packed, no practice-just games! It's all about FUN! Coaches will have a draft after our evaluation date. This is a 7-on-7 format, one QB and six receivers. Player evaluations date is March 29 at PMMS, 4pm.

**Register one week before the program.**

DAY	SESSION	TIME	WHERE	FEE
Sun	Mar 29	10a-3p	PMMS Field	\$50

LEAGUE	AGE	DATES	DAY	LOCATION	FEE	DEADLINE
Men's Spring Basketball	18+	Mar 1-Apr 26	Sun	TBD	\$450	Feb 20
Men's Frostbite Softball	18+	Mar 9-Apr 1	M/W	County Park	\$350	March 6
Futsal	18+	Mar 8-Apr 5	Sun	TBD	\$200	Feb 27
Spring Co-ed Softball	18+	Mar-Apr	Tu	County Park	\$400	Mar 6
Spring Co-ed Volleyball	18+	Apr-May	Sun	TBD	\$150	Mar 29
Spring Sand Volleyball	18+	Apr-May	Tu	County Park	\$50	Apr 7
Men's 37 & Over Basketball	37+	Apr-May	M/Th	Varies	\$450	March 28
Men's Softball-Summer	18+	May-Aug	M/W/Th	County Park	\$500	May 8
Women's Softball-Summer	18+	May-Aug	Tu	County Park	\$350	May 8

AGES 16+ WELCOME

## PICKLEBALL OPEN GYM

TUESDAYS & THURSDAYS

NOV 6 THRU APRIL 30 \$2 FEE

6:15-8:15 PM

EQUIPMENT AVAILABLE FOR USE 2 COURTS-WWR SOUTH GYM-DOOR #28

**Pilates Class**

**Ages 16+, Diane Burner.** Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This class will help improve your overall general fitness and well-being. Pilates concentrates on posture, balance and flexibility. Bring a mat, dress in comfortable workout clothing. **Register anytime, max 25.**

DAY	SESSIONS START	TIME	WHERE	FEE
Tu, Th	Jan 6, Feb 3, Mar 3, Apr 7	5:15-6:15p	WAC-Main Studio	\$vary/\$7

**Total Body Fitness**

**Ages 18+, Meridith Holloman.** Designed to strengthen your entire body, burn calories and increase your flexibility. All fitness levels welcome. You will need a set of dumbbells, a large bath towel or Pilates ball and a yoga mat. Come prepared to work hard! **Select days you can attend when registering, max 20.**

DAY	SESSIONS	TIME	WHERE	FEE
M,W,Sat	Jan thru Apr	vary	WAC-Lower Studio	\$7/day

**Seated Strength & Flexibility Class**

**Ages 18+, Randy Price.** Helps with mobility issues, joint stiffness and builds up those muscles. Some cardio exercise is included. You will need a medicine ball, dumbbells (weight of your choice) and a resistance band-all can be purchased at Wal-Mart. **Register day before class start or drop-in fee anytime, max 25. Pick the 10a or the 11a start time. Price is per session.**



DAY	SESSIONS	TIME	WHERE	FEE
M,W,F	Jan thru Apr	10a OR 11a	WAC-Main Studio	\$45/\$7

**Morning Yoga**

**Ages 18+, Seung Hee Han.** Designed for a broad spectrum of students, beginning to intermediate and some advanced level. Incorporates postures, deep relaxation, breathing practice and meditation. Modified based on the student's physical condition and will help you maintain your natural condition: a body of health, strength and flexibility, a clear and calm mind. Bring yoga mat, any other supporting props, wear comfortable clothing. **Drop-in fee \$7, max 30. Price is per session.**

DAY	SESSIONS	TIME	WHERE	FEE
M&W	Jan thru Apr	8-8:50a	WAC-Main Studio	\$45/\$7

**Chair Yoga**

**Ages 18+, Seung Hee Han.** Great alternative for those who are unable to participate in a traditional yoga class due to less mobility. Includes performing postures sitting on a chair or standing using a chair for support. This class will help loosen and stretch muscles, build strength and balance, reduce stress and anxiety, and improve circulation. New/old yoga takers welcomed. Wear comfortable clothes. **Drop-in fee \$7. Register anytime, max 30. Price per session.**



DAY	SESSIONS	TIME	WHERE	FEE
M&W	Jan thru Apr	9-9:50a	WAC-Main Studio	\$45/\$7

**Mommy & Me Yoga**

**Ages 6+, Gioia Pharo.** A playful yoga class that will bring fun, laughter, imagination, creativity, and connection into our mommy and me practice. Yoga improves flexibility, strength, balance, and focus. The class includes exercises that invite inner calm and relaxation. **Register by Feb 2, max 12.**



DAY	SESSION	TIME	WHERE	FEE
Sat	Feb 7-28	9-9:50a	WAC-Main Studio	\$43

**Peaceful Yoga & Meditation**

**Ages 18+, Gioia Pharo.** A gentle stretch class with guided meditation. Opens the spine, release hip, neck and shoulder tension. Slow easy movement to open up and relax the muscles. A guided meditation. You will need to bring a yoga mat and 2 bath towels. **Register by Monday before class, max 12. Price is per session.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Feb 7-28, Mar 7-28, Apr 4-25	11:15a-12:15p	WAC-Main Studio	\$35

**Beginning Yoga**

**Ages 18+, Seung Hee Han.** Gentle and basic class for those who are new to yoga practice or at beginner level. Slow-paced stretching and less strenuous class and modified based on physical condition. Instructor may offer physical adjustments as needed to move more fully into a given posture. Class incorporates postures, deep relaxation, breathing practice and meditation. Helps increase strength, flexibility and balance and breath capacity. Wear comfortable clothing. **Drop-in fee \$7, max 25. Price per session.**

DAY	SESSIONS	TIME	WHERE	FEE
Fri	Jan thru Apr	8-8:50a	WAC-Main Studio	\$25/\$7

**Adaptive Chair Yoga**

**Ages 18+, Seung Hee Han.** Accessible to everybody with varying physical abilities and limitations. Incorporates modifications to traditional poses, utilizing props like chairs, blocks, straps and resistance bands to accommodate different needs. Instructor may offer physical adjustments as needed to move more fully into a given posture. Helps loosen and stretch muscles, build strength and balance. Wear comfortable clothing. **Drop-in fee \$7. Register anytime, max 30. Price is per session.**

DAY	SESSIONS	TIME	WHERE	FEE
Fri	Jan thru Apr	9-9:50a	WAC-Main Studio	\$25/\$7

**Reiki 1 & 2 Workshop**

**Ages 18+, Gioia Pharo.** Reiki is a healing technique; practitioner gives healing energy to oneself and to others. Reiki enables relaxation, reduces pain and helps enhance healing. Level 1-Learn to perform reiki treatments on yourself and others. Level 2-Advance knowledge in energy balancing energy fields and chakras. Bring lunch. Certificate of completion at end. **Register Wed before class, max 6.**

DAY	SESSION	TIME	WHERE	FEE
Sat	May 16	9a-2p	WAC-LowerStudio	\$250

**Functional Fitness**

**Ages 18+, Gioia Pharo.** Pilates and Barre for tone, balance and core strength. Light cardio for heart health and warm up. Fitness essentials at a moderate pace. A full body feel good workout for strong muscles, better balance, and flexibility. **Register Mon prior to class start, max 12.**

DAY	SESSIONS	TIME	WHERE	FEE
Sat	Feb 7-28	10-11a	WAC-Main Studio	\$35
Sat	Mar 7-28	10-11a	WAC-Main Studio	\$35
Sat	Apr 4-25	10-11a	WAC-Main Studio	\$35

**Restorative Yoga**

Ages 18+, Nanci Schimizzi. This gentle yoga practice focuses on deep relaxation and stress relief. Using props for support, you'll move through slow, comfortable poses that help release tension and calm the mind. Perfect for all fitness levels—no yoga experience needed. A perfect way to finish out your busy week. Come unwind and leave feeling refreshed! **Register by Monday before class, max 20. Price per session.**

DAY	SESSION	TIME	WHERE	FEE
Fri	Feb 6-27, Mar 6-27, Apr 3-24	6-6:50p	WAC-Lower Studio	\$39

**Yoga in New Market**

Ages 18+, Jessie Caffery. Connect mind, body and spirit with yoga. This class is designed for people who are newer to yoga, but all levels are welcome. Yoga is a great way to get your body moving and get in touch with yourself! No prior experience necessary. Class will be held at Manor Memorial Church, 9312 N. Congress Street, New Market. **Register one week prior to class date, max 10. Drop in fee \$10/class.**

DAY	SESSIONS	TIME	WHERE	FEE
Tu	Feb 17-Mar 17	10-11:15a	Manor Memorial UC	\$40
Tu	Mar 31-Apr 28	10-11:15a	Manor Memorial UC	\$40
Tu	May 12-June 9	10-11:15a	Manor Memorial UC	\$40

**Women's Self Defense Seminar** Ages 13+, Coach Angela. Unlock your inner strength and confidence! Secure the opportunity to build confidence, learn essential self-defense techniques, and connect with a community of like-minded women. Whether you're a beginner or looking to refresh your skills, class is designed to equip you with the tools you need to feel safer and more confident. Take the first step towards a stronger, more empowered you. **Register by Mar 18, max 28.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Mar 21	12-2p	WAC-Lower Studio	\$25

**Mature Movement in Fort Valley** Ages 40+, Stephanie Ayers. Class will focus on getting you moving! It is adaptable to your fitness level and can be done sitting in chair, standing or both! Gentle flowing movements will be easy to achieve with the upbeat music that will accompany the class. So much fun you won't even realize you are working out! **Register one week prior to class date, max 12.**

DAY	SESSION	TIME	WHERE	FEE
Fri	Feb 27-Apr 3	10-10:45a	Fort Valley-Comm Cntr	\$30

**Beginner Belly Dance**

Ages 18+, Patricia Haley. This beginner-friendly class is designed for newcomers. Learn the fundamental movements that form the heart of belly dance—hip drops, shimmies, undulations, and elegant arm work, all while building confidence, flexibility, and rhythm. Low-impact, body-positive, and uplifting class that celebrates all ages, shapes, and backgrounds. By the end of the 4 weeks, you will have a mini choreography to take home. **Register by the Mon before class, max 15. Fee is per session.**



DAY	SESSION START	TIME	WHERE	FEE
Tu	Jan 6, Feb 3, Mar 3, Apr 7	6:30-7:15p	WAC-Main Studio	\$35
Th	Jan 8, Feb 5, Mar 5, Apr 9	6:30-7:30p	WAC-Main Studio	\$35

**Intro to Yin Yoga Workshop**

Ages 16+, Jessie Caffery. Discover the power of stillness in this calming and deeply restorative Introduction to Yin Yoga. Session offers a gentle entry point into one of yoga's most meditative and therapeutic styles. Focus on slow, floor-based postures held for longer periods, 2-5 minutes, to release tension in the connective tissues, improve joint mobility, and encourage inner quiet. Through mindful breathing, supported shapes, and guided relaxation, learn how to soften habitual patterns of holding, both physically and mentally. Learn safe alignment and variations for common yin postures—including the use of props. Leave feeling grounded, open, and mentally refreshed. Come as you are—all bodies and experience levels welcome! **Register by March 11, max 12.**

DAY	SESSION	TIME	WHERE	FEE
Sat	Mar 14	1:30-3p	WAC-Lower Studio	\$25

**Happy Hour Yoga**

Ages 16+, Jessie Caffery. Come wind down your day with this open level yoga class! A perfect way to increase strength and flexibility, destress and move stagnant energy! **Register Thurs before class starts, max 25. Price is per session-\$38/session.**

DAY	SESSIONS	TIME	WHERE	FEE
Mon	Feb 2-23, Mar 2-23, Apr 6-27	6-6:50p	WAC-Main Studio	

**Core Engagement & Bracing Workshop**

Ages 16+, Nathaniel Cooley, PT DPT of Reforge Biomechanics. Discover the foundation of better movement and overall wellness in this interactive workshop. Begin with a clear overview of core muscle anatomy and explore how a strong core supports injury prevention, everyday health, and improved performance in exercise and sports. Then, participate in guided, hands-on practice to master proper core engagement techniques. You'll try targeted exercises and receive personalized exercise recommendations to take home for ongoing practice. This small-group session allows for individual attention in a supportive environment. **Register by Feb 8, max 15.**

DAY	SESSION	TIME	WHERE	FEE
Mon	Feb 9	6-7:30p	WAC-Upper Studio	FREE

**Tai Chi for Arthritis & Fall Prevention**

Ages 18+, Donna Pattie. This program was developed for people with arthritis and balance problems. Will help increase strength and flexibility and decrease joint pain and stress. It helps reduce high blood pressure, increases senses of well-being and improves balance. Eight-week class, wear comfortable clothes. **Register one week before start, max 20.**

DAY	SESSION	TIME	WHERE	FEE
Mon	Feb 9-Apr 6	2:30-3:15p	WAC-Lower Studio	\$45

**Low Impact Beginner Boot Camp** Ages 18+, Dawn Maradis. This low-impact boot camp is a full-body workout designed to improve fitness levels while being gentle on your joints. Expect timed stations using various workout equipment to perform functional movements and improve strength and endurance for everyday activities. This class is designed for seniors, beginners, and those with limited mobility. Seniors are encouraged. Bring your own water and a personal towel. **Register by Jan 25, max 12. Held at SCCC building-Mt Jcksn.**

DAY	SESSION	TIME	WHERE	FEE
Mon	Jan 26-Mar 16	6-6:30p	Shen Co Community Cntr	\$50

## Jodo: The Art of the Stick

**Ages 16+, Dan Soares.** Develop your mind and body while learning to use a 50-inch staff and wooden sword. The focus of Shinto Muso Ryu Jodo is weapon-on-weapon training in prearranged forms. Covers basic Jodo techniques and a series of interactive drills and kata that comprise the art. No sparring. All levels welcome, equipment provided. **Register by Wed before start, max 10. Price per session.**

DAY	SESSION START	TIME	WHERE	FEE
Sun	Jan 25, Mar 22, May 17	9-11a	Charterhouse	\$25

## Rock Steady Boxing for Parkinson's Disease

**All Ages, Randy Price and Donna Pattie.** Rock Steady Boxing is specifically designed to address Parkinson's symptoms such as slow or small movements, imbalance, stiffness, flexed posture, and respiratory weakness. This scientifically based curriculum can be adapted to any level of Parkinson's. Caregivers are invited to help out in this class. **Register by week before session. Beginner and Advance classes available.**

LEVEL	DAY/START	SESSION	WHERE	FEE
Begin	Mon-1p & Th-10a	Feb 2-26	WAC-Main Studio	\$55
Begin	Mon-1p & Th-10a	Mar 2-26	WAC-Main Studio	\$55
Begin	Mon-1p & Th-10a	Mar 30-Apr 23	WAC-Main Studio	\$55
Begin	Mon-1p & Th-10a	Apr 27-May 21	WAC-Main Studio	\$55

## Continuing Studies of Yang Family Tai Chi

**Ages 18+, Barbara Wilcox.** Course provides intermediate level studies of the Yang Family Long form which contains 3 sections and 103 movements. Goal is to improve performance before advancing to more challenging section of the Form. **Register week prior to class date, max 20. Price per session.**

SESSION	TIME	WHERE	FEE
Mar 16-Apr 13, Apr 20-May 18	11-11:50a	WAC-Lwr Studio	\$30

## AARP-Smart Driver Safety Course

**Ages 55+.** Learn defensive driving techniques, new traffic laws, and rules of the road to safely adjust driving to compensate for age-related changes. All-day class with a one-hour lunch break. Bring lunch/drink to class. You will be issued a Certificate of Completion to be provided to your insurance company for a discount. \$20 for AARP members/\$25 for non-members which you pay at class with CASH/CHECK (payable to 'AARP'). Registration fee of \$5 required prior to class. **Register by week before start, max 15. Price per session.**

DAY	SESSION	TIME	WHERE	FEE
Th	Mar 26 OR Apr 23	8:30a-5p	WAC-Activity Room	\$5

## TRIAD

**Ages 55+.** Doors open at 9a. Program includes an update on fraud and scams from the Sheriff's Department and more! Lunch will be served and no fee to attend. **Register on-line, by phone, or in person. Register by April 7, max 150.**

**For Ages 55+**

**P. A. S. S.**  
People Actively Staying Social

**February 12 - Blue Ridge Care**  
*Enjoy Music from their Music Therapist*  
NOTE: Location Change this month to First Baptist Church - 116 Lakeview Drive in Woodstock  
Enter Door #6 in front or Door #12 in rear  
Register by 2/5

**March 12 - Chuck McCarty - Busted Knuckles Guitars**  
*Introduction to the history, and reasons he hand-builds  
Cigar Box Guitars, Ukeleles, etc.*  
Register by 3/5

**April 9 - Northwestern Community Services**  
*Sharing their resources available for the community*  
Register by 4/2

**May 14 - Program to be announced**  
Register by 5/7

All programs are held at the Woodstock Moose Lodge. Fee is \$5 for a provided lunch. Gather at 10am. program begins at 10:30am. with lunch and social time to follow until 2pm.

**SHENANDOAH COUNTY**  
PARKS & RECREATION

Sign up in person, online, or mail in a registration form (with payment)!

We look forward to seeing you!



## Japanese Swordsmanship

**Ages 16+, Deborah Klens-Bigman.** Japanese Swordsmanship is descended from the sword-fighting skills of the Samurai. Iai-do is practiced as a solo art form, with each kata following a narrative of attack and defense. Learn to safely draw, cut and sheathe a Japanese sword with a sense of meditative mindfulness. Equipment needed: athletic clothes, preferably in dark colors with plain t-shirts (no illustrations or messages), knee pads, and soft shoes/slipper socks. Students may borrow instructor's equipment until they are able to purchase their own. **Register by Wed before class, max 6. Price is per session.**

DAY	SESSION	TIME
Sun	Jan 25-Mar 8, Mar 22-May 3, May 17-June 14	11:15a-12:45p

**Zumba** **Ages 16+, LaVerne & Hannah Chesson.** Designed to bring people together to sweat it out by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, and energy. **Price per session or drop-in fee \$10/per day.**

DAY	SESSIONS	TIME	WHERE	FEE
Sat	Jan thru Apr	11a-12p	WAC-Lower Studio	\$38/\$10
Th	Feb 5-26	6-6:50p	WAC-Lower Studio	\$38/\$10
Wed	Mar 11-Apr 1	6-6:50p	WAC-Lower Studio	\$38/410

## Introduction to Yang Family Tai Chi

**Ages 18+, Barbara Wilcox.** The 10 Principles of the world's most popular style of tai chi will be studied to obtain an understanding of how to perform basic movements while learning the Yang Style 10 Form. If you are new to tai chi, consider taking this course. **Register one week prior to class date, max 20.**

SESSION	TIME	WHERE	FEE
Mar 16-Apr 13, Apr 20-May 18	10-10:50a	WAC-Lwr Studio	\$30

## Healthy Bones for Seniors

**Ages 55+, Amy Tran.** For people with osteopenia/osteoporosis, come learn the Meeks Method of SAFE exercise. Topics include: body alignment, strengthening postural muscles to decrease risk of compression fracture, weight bearing exercises, and avoiding harmful movements and exercises. Course includes an extensive manual with all exercises and info in the management and prevention of osteoporosis. Safe for people that desire to return to exercise and those with back pain. Wear comfortable clothing, tennis shoes; bring exercise mat. **Register by one week prior to class, max 8.**

DAY	SESSION	TIME	WHERE	FEE
Tu	Mar 3-Apr 14	1-2:30p	WAC-Main Studio	\$94



# 2024-2025 Shenandoah County Public Schools Report to the Community



Twenty-nine seniors were recognized as Shenandoah Scholars and received \$1,000 scholarships.



MRGS launched stratospheric balloon as part of Mission STAR project for atmosphere research.



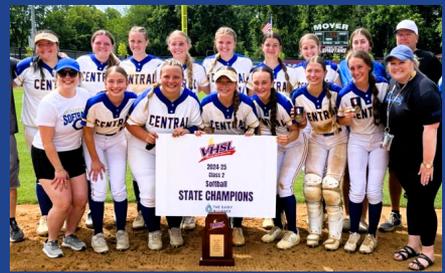
SKMS FFA officers attended the White House Turkey Pardon.



Dakota Stroud, Ag teacher and FFA Advisor at SKMS, was selected as the 2024-25 SCPS Teacher of the Year.



SCPS held its annual Showcase Education Expo, with music, first responders' equipment & vehicles, school info, giveaways, and more.



CHS Softball knocked off defending champs King William to claim first-ever softball state title.



Triplett Tech students built a modular home over the course of the year and sold it at auction.



SHS Football went 13-2, won the Region 2B title and advanced to the state championship game for the first time since 1995.



SCPS students competed at Regional Spelling Bee.



SKMS earned VDOE Exemplar Performance Continuous Improvement Award



SJHS earned VDOE Exemplar Highest Achievement Award.



SHS earned VDOE Exemplar Highest Achievement Award.

Central High School



Triplett Tech



Class of  
**2025**

Stonewall Jackson High School



Strasburg High School



<b>Total Graduates</b>	<b>447</b>	<b>Plans After Graduation</b>	
On-Time Graduation Rate	97.7%	4-Year College	119 (27%)
Advanced Diplomas	198 (44%)	2-Year College	113 (25%)
Standard Diplomas	245 (55%)	Applications/Acceptances	509/418 (82%)
<b>Scholarship Summary</b>		Military	15 (3%)
Number of Students	141 (32%)	Technical/Other Training	37 (8%)
Total Scholarships	\$2,432,446	Employment	110 (25%)
Local Scholarships	\$708,625	TT Certified Employment	53 (12%)

**Preparing Students for Success: College, Career, and Citizenship Readiness**

**Career and Technical Education**

SCPS is home to Triplett Tech, offering 19 programs that provide the necessary training to obtain career employment in: Automotive Technology, Carpentry, Collision Repair, Computer Networking, Cosmetology, Criminal Justice, Culinary Arts, Cyber Security, Early Childhood Education, Electricity, Healthcare Science, Masonry, Medical Coding and Billing, Nurse Aide, Emergency Medical Technician, Firefighter, HVAC & Occupational/Physical Therapy Aide. For the 2025-26 school year, Triplett Tech will again expand its offerings to include Aircraft Pilot Training.

Within the 13 Career Clusters, SCPS offers 37 total Career and Technical Education (CTE) Career Pathways with over 90 different CTE courses at the high school level. For the 2024-25 school year:

- 1,133 work-based learning experiences for students that included 18 cooperative education, 175 internship and 480 supervised agricultural. Students also earned 1,077 industry credentials.

**Dual Enrollment**

SCPS offers numerous dual enrollment courses and special program opportunities. The division hosts the Massanutten Regional Governor’s School, one of 19 Academic Year Governor’s Schools

*continued on next page*

in Virginia. SCPS is also home to the division-wide Biomedical Sciences Academy held at Central High School, a 3-year dynamic program for students interested in pursuing a career in the field of Health Science.

On average, one in four SCPS students takes a dual enrollment course each year. For the 2024-25 school year:

- SCPS students earned 3,791 unduplicated dual enrollment credits.
- 50 students earned a credential from LRCC in concurrence with high school graduation.
- 23 students earned the Uniform Certificate of General Studies.
- 7 students earned a career studies certificate in Pre-Allied Health.

**2024-2025 DEPARTMENT REPORTS**

**Human Resources Report**

SCPS employee numbers from 2024-25 include those whose positions are funded by Operational and Grant Budgets.

- 49.2% of teaching staff had advanced degrees
- 99.8% of teaching staff were licensed by the state and must participate in continuing education to renew that license every 10 years
- 100% of bus drivers had a CDL
- 100% of paraprofessionals were “highly qualified”
- Retention rate was 87% for professional staff
- 7% of new teachers previously taught in SCPS

Position (full & part time)	Employees
Teachers	462
School Counselors	16
Librarians	9
Job Coaches	4
Clerical	43
Paraprofessionals	129
Custodians	44
Administrators	51
Nurses	11
Student Support Specialists	6
Speech Pathologists	7
Reg. Behavior Technicians	3
Maintenance	8
Mechanics/Technicians	13
Drivers	115
Cafeteria Aides	12
TOTAL	935
Food Service	49

*Food service employees are listed separately because their salaries are funded by the independent Food Services Budget.*

*Shenandoah County Public Schools does not discriminate on the basis of race, color, creed, religion, national origin, ancestry, political affiliation, sex, sexual orientation, gender, gender identity, age, pregnancy, childbirth or related medical conditions, marital status, status as a veteran, genetic information or disability.*

**Food Service Report**

Meals Served – 850,347

Free & Reduced Lunches – SCPS: CEP State: 83.06%

Shenandoah County Food Service served:

- Breakfast and lunch daily for students and staff
- Breakfast and lunch to students at Skyline Cap Headstart & Charter House
- Piloted CACFP After-School Program at one high school with plans to expand in 2025-26
- Free breakfast and lunch to all children through the VDOE’s Community Eligibility Provision (CEP)

Food Service also catered special events for the school district including school board functions.

Civil Rights Data (Fall Membership)	Number	Percent
<i>Services</i>		
Students with Disabilities	867	15%
Disadvantaged	3,080	54%
English Learners	627	11%
<i>Race/Ethnicity</i>		
American Indian	66	1.1%
Asian	44	.8%
Black	173	3%
Hispanic	1,069	18.7%
Native Hawaiian	11	.02%
White	4,011	70.3%
Two or more races	264	4.88%
Unclassified	70	1.2%
<b>Total Students</b>	<b>5,708</b>	

*Data from VDOE Fall Membership Build-A-Table*

Disability Category	2024	2023	2022	2021	2020
Intellectual Disability	65	71	74	65	63
Hearing Impairment	*	*	*	*	*
Speech/Language Impairment	183	172	152	121	137
Visual Impairment	*	*	*	*	*
Emotional Disability	54	71	69	69	76
Orthopedic Impairment	*	*	*	*	*
Other Health Impairment	157	172	178	177	179
Specific Learning Disability	200	199	192	194	210
Multiple Disabilities	15	17	20	16	18
Autism	127	126	132	132	133
Developmental Delay	69	67	68	57	61
Traumatic Brain Injury	*	*	*	*	*
<b>TOTAL</b>	<b>884</b>	<b>908</b>	<b>899</b>	<b>845</b>	<b>890</b>
<b>Total SCPS October 1st Enrollment</b>	<b>5,829</b>	<b>5,749</b>	<b>5,751</b>	<b>5,673</b>	<b>5,618</b>
<b>% of Students in Special Education</b>	<b>15.2%</b>	<b>15.8%</b>	<b>15.6%</b>	<b>14.9%</b>	<b>15.8%</b>

### Instructional Technology Report

- Instructional Technology Resource Coaches (ITRCs) provided comprehensive support to teachers and students as they implemented the new English Language Arts and Mathematics Standards of Learning.
- ITRCs collaborated with educators to integrate technology-rich strategies that enhance instruction, strengthen student understanding, and promote meaningful engagement. They also assisted teachers in exploring the advantages, challenges, and instructional potential of Artificial Intelligence. By sharing resources, modeling effective uses, and providing timely articles and updates, ITRCs helped staff navigate this rapidly evolving digital landscape responsibly and confidently.
- In support of the Virginia Literacy Act, the ITRC team developed digital vocabulary materials designed to reinforce explicit vocabulary instruction in daily lessons. They offered coaching and professional learning opportunities to ensure teachers could apply these tools effectively in their classrooms.
- Various STEM (Science, Technology, Engineering, and Math) and Robotics Clubs were held via funding of a Regional Computer Science Grant. Students were able to participate in coding, problem-solving, creative, and STEM-related activities.

### Transportation Report

- Successfully transported students safely to and from school, extracurricular activities, and athletic events.
- Traveled over 1,000,000 miles, equating to around 40 times around the earth!
- Developed new enrichment and professional development activities for drivers and other staff.
- Maintained new bus tracking system and GPS notification for parents.
- Bus drivers were seen as the first smile and last smile for the division each day for students.
- Minimized deadhead miles to and from school to help offset operational cost.
- Introduced new technology and maintained systems to increase efficiency and effectiveness.

### Maintenance Report

The Maintenance Department has the responsibility of maintaining over 1,000,000 square feet of facilities throughout the county school system.

Projects completed for 2024-2025 included:

- New roof was installed at Ashby-Lee Elementary School over the 90's wing gym rooftop unit.
- Repairs were conducted on the roofs of storage buildings at both Ashby-Lee Elementary School and Strasburg High School.
- Rekeying of internal door hardware was

*continued on next page*

completed at all three middle schools.

- Sidewalk repairs were conducted throughout the Central Campus to improve safety.
- The lights at Rams Stadium at Strasburg High School were retrofitted.
- New fire alarm panel installations at Peter Muhlenberg Middle School and Strasburg and Central High Schools were completed in the Fall. These panels were declared obsolete and no replaceable parts available by the end of 2024.
- New roof was installed at Sandy Hook Elementary School over the old original section of the building.
- All playgrounds at the elementary schools and Triplett Tech were repaired and updated. New playgrounds were installed at W.W. Robinson and Ashby-Lee Elementary Schools, along with new Sun Shades and benches for all elementary schools.
- Bathroom partitions were replaced in all three elementary schools. They had not been upgraded since the schools were opened in the early 1970s.
- New fencing was installed at various locations around the schools, including playground and perimeter areas.
- New security entrance vestibules for all three elementary schools were completed, creating a focal point for the entrances to the schools and a safe, enclosed drop-off and pick-up area for students, staff and families.
- The maintenance team has been continuing its PM program for all HVAC units, pumps, boilers and chillers on a monthly basis to keep our schools operating in a comfortable and safe environment.

### Shenandoah County School Board



Chair  
Dennis Barlow  
District 1



Thomas  
Streett  
District 2



Gloria  
Carlineo  
District 3



Vice Chair  
Kyle Gutshall  
District 4



Larry  
Vance  
District 5



Michael  
Rickard  
District 6

### A Message from Dr. Melody Sheppard, Superintendent

At Shenandoah County Public Schools, our mission remains centered on ensuring every student is equipped to succeed in an ever-changing world. This year, we continued to build on our strong foundation of academic excellence by strengthening instructional practices, expanding innovative learning opportunities, and deepening our commitment to meeting the needs of the whole child. Our students continue to show meaningful growth, and we are proud of the progress reflected in their achievement, resilience, and readiness for future challenges.

Family and community partnerships remain essential to our success. Through increased engagement opportunities, collaborative problem-solving, and open communication, we are creating stronger connections that support students both inside and outside the classroom. We are also investing in the tools, technologies, and experiences that will prepare our learners for college, careers, and life beyond graduation.

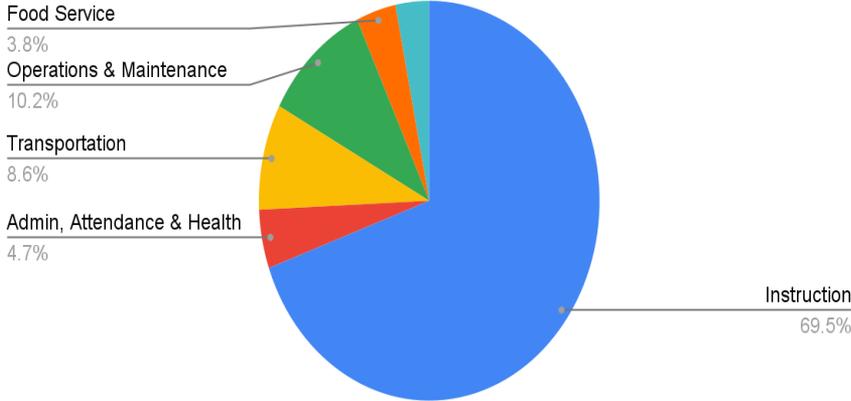
Thank you for your continued support of our schools. Together, we are shaping bright futures and ensuring Shenandoah County Public Schools remains a place where every student can thrive.

*Melody Sheppard*

# 2024-2025 SCPS Financial Results

The charts presented on this page detail where SCPS funds were spent for the 2024-2025 school year and represent unaudited amounts.

## Expenditures by State Category



The Commonwealth of Virginia defines specific categories for school divisions to report expenditures in Section 22.1-92 of the Code of Virginia. The chart to the left reflects SCPS's expenditures across these categories.

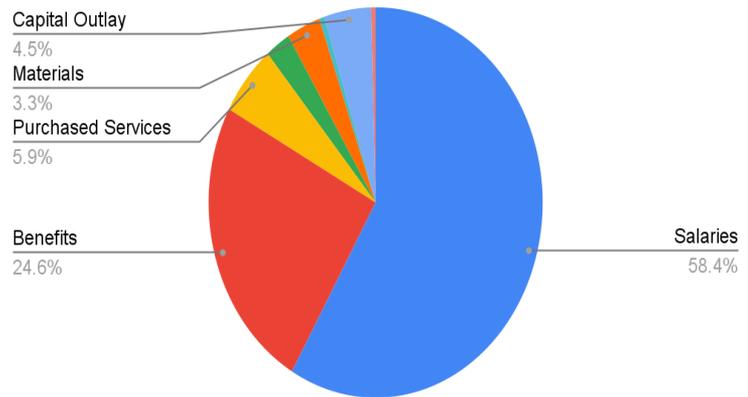
Additionally, the chart below provides the same information by object code, which describes individual purchases made by SCPS.

Education, by nature, is a

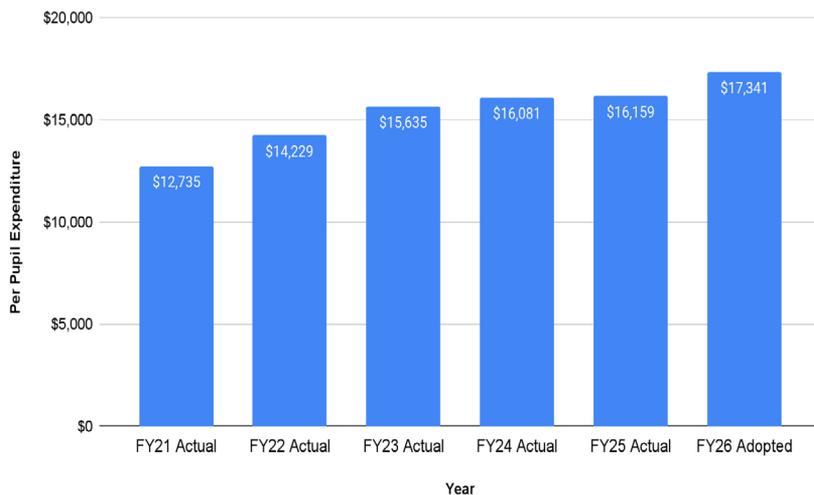
labor-intensive business. Over 80% of total expenditures represent salaries and benefits for the school division's employees. SCPS is the largest employer in Shenandoah County with around 1,000 employees.

The Virginia Department of Education (VDOE) utilizes per pupil spending as a benchmark for school systems across the state. The metric most commonly used by VDOE to ensure an accurate comparison is

## Expenditures by Major Object



## Per Pupil Expenditure



“Expenditure for Operation Regular Day School,” which is defined as all costs except for those expenditures related to food services, summer school, adult education, preschool, facilities, non-instruction related activities, debt, and contingency reserves (all of which are included in the graphs above). The intent is to normalize across all divisions in Virginia expenditures related to school divisions' educating K-12 students to create a subset for

comparison. The chart to the left shows the actual per pupil expenditure data for SCPS for FY2021 - FY2025 and the budgeted amount for FY2026.



## WE ARE HIRING

Shenandoah County Department of Fire and Rescue is currently hiring to fill 30 vacancies.

### Salary Ranges

<b>No Prior Certifications</b>	<b>FF/EMT Certifications</b>	<b>Post Probationary Period</b>
\$43,997.96	\$44,950.38	\$48,507.74

### Incentive Pay Annually for ALS Credentials

<b>Advanced EMT</b>	<b>Intermediate EMT</b>	<b>Paramedic</b>
\$4,500	\$7,000	\$8,500

- Firefighter/EMT certifications preferred, **NOT** required
  - Certified Applicants - reduced academy length
- 24/48 with dedicated Kelly Day every 3 weeks
- Paid Training & Professional Development

**APPLICATION DEADLINE: DECEMBER 31, 2025**  
**START DATE: March 1, 2026**



**SAVE THE DATE**

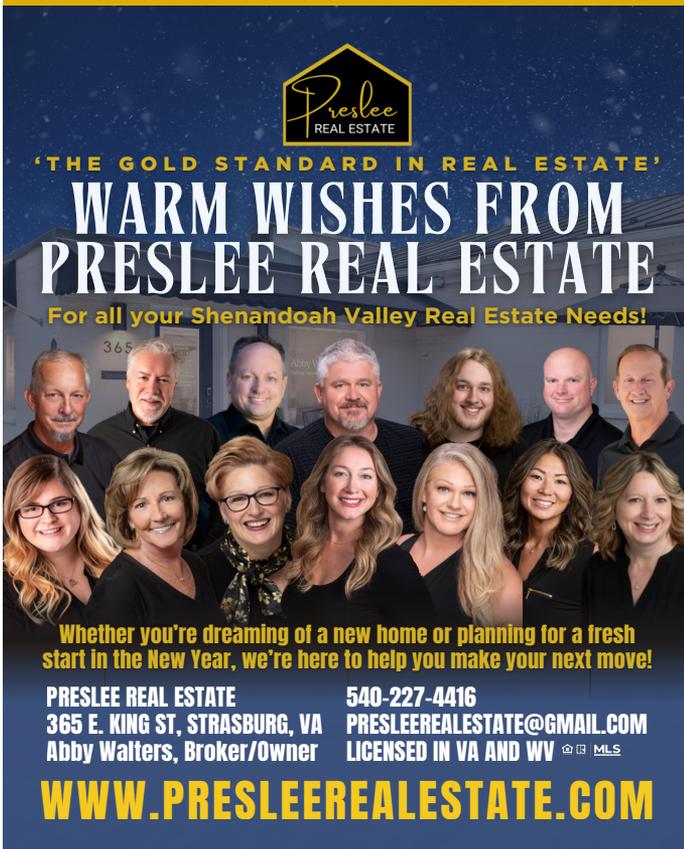
Strasburg  
**MAYFEST**  
Family Fun in the Valley

**2nd Weekend in May**

**FAMILY FUN IN THE VALLEY**

- \* Vendors & Crafts
- \* Live Music
- \* Delicious Foods
- \* KidsZone
- \* Heels, Hops, & Bowties Luncheon
- \* Parade
- \* Pageant
- \* Duck Race
- \* Carnival

**STRASBURGMAYFEST.COM**



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