

Shenandoah County Parks and Recreation

ADULT BASKETBALL RULES AND REGULATIONS

ARTICLE I. GENERAL – ADMINISTRATIVE INFORMATION

- A. The name of these organizations shall be known as the Shenandoah County Men’s Adult Basketball League and the Shenandoah County Women’s Adult Basketball League and these rules and regulations will govern each respectively.
- B. This is a competitive adult basketball league. The object of this league is to encourage participation in a safe and positive atmosphere. The league shall develop skill, character, sportsmanship, and promote goodwill among the teams, players, gym supervisors, and officials.
- C. All players must be **18** years of age by Dec. 31st of current year and must be out of high school.
- D. To be eligible to play in this league one of the following must apply :(**NOT** applicable to Women’s League)
1. Teams must submit a timely entry fee payable to S.C.P.R. before deadline.
 2. Players must meet (1) of the following in county player requirements:
 - *Live or own property in Shenandoah County
 - *Graduate from a Shenandoah County High School
 3. Each team will be allowed (1) “non-county” county player that do not meet the above requirements on their roster.
- E. The Shenandoah County Parks and Recreation, the Commissioner of Officials, and the Shenandoah County Parks and Recreation Activities and Programs committee will govern all rule interpretations, protest, player eligibility, and any other concerns to help ensure success within the league. Penalties and suspensions will be imposed by the Activities and Programs committee.
- F. It is illegal to consume alcoholic beverages on any county owned property. **ALCOHOLIC BEVERAGES** will **not** be permitted on county property before, during, or after league games, practices, or tournaments. Shenandoah County Parks and Recreation staff and law enforcement will be patrolling the premises. Violators will be prosecuted. There will be no appeals process related to any alcohol violations. Per VA Code, Section 4.1-309 and any prosecutions would be considered a Class 2 misdemeanor.
- G. It is to be understood that the Parks and Recreation Department will not be held liable for injuries sustained by any person or groups participating in our programs while playing or traveling to and from games or practices.
- H. The official basketball rules as published by the National Federation of State High School Athletic Association shall govern respectively, except as herein stated and amended by the Parks and Recreation Department & Activities and Programs Committee.

ARTICLE II: ROSTER AND ELIGIBILITY

- A. Team rosters limited to fifteen (15) players. All rosters are final on January 1 of the current season.
- B. No player can be signed after December 31st of current season for men’s league.
EXCEPTION: No player can be signed after last regular season game for women’s league.
- C. All players must be signed to a roster and the roster must be signed by the manager. Roster forms must be given to the Parks and Recreation Department prior to team participating in any league game. Any player that is not signed to a roster sheet is considered ineligible. Player additions to any roster must be approved by the sports supervisor before the player is eligible.
- D. Only authorized coaches and managers may occupy the players' bench, in addition to the uniformed players, during games. Officials and gym supervisors will have final decision on this matter.
- E. A player in this county league **cannot** play for two teams in this league.
- F. Semi- professional or professional players are ineligible to participate in this league.
- G. In order for a player to change teams the player’s current coach must release by calling voicemail of the Sports Supervisor at 459-6777 or notifying S.C.P.R. in writing via email. New coach must call and add player to his/ her roster before player is allowed to play. Must be completed prior to “B” above.

- H. Any team playing an ineligible player shall automatically forfeit all games in which this player participated. Player will not be allowed to continue play. Coach and/or manager will be subject to suspension, if deemed necessary, by the Activities and Programs Committee.
- I. A player must play in **half** of the regular season games in order to be eligible for playoffs.

ARTICLE III: SCHEDULE AND CANCELLATIONS

- A. The schedule will be set by the Shenandoah County Parks and Recreation and this matter will not be protested by any team, coach, or player.
- B. Coaches finding it impossible to play a scheduled game should notify the Parks and Recreation Department as soon as possible, so that coaches, officials, and gym supervisors can be notified.
- C. In the event a game is postponed due to conditions beyond our control, the Parks and Recreation Department shall set a date for it to be played, notifying the teams involved of the date and time, allowing ample time of notice.
- D. The Parks and Recreation Department reserves the right to arrange postponed games at its convenience in order to keep up with the schedule. The Parks and Recreation Department reserves the right to cancel games if necessary, due to conditions beyond our control.
- E. Postponement of games canceled, due to inclement weather will be announced on our cancellation hotline, 459-6777, option #0 and coaches will be notified by cell phone messaging.

ARTICLE IV: DEPARTMENT RULES

- A. Managers and Coaches will be fully responsible for the following:
1. Conduct of their players, before, during and after games.
 2. Conduct of anyone occupying the bench area.
 3. Informing all players of league rules.
 4. Eligibility of players.
- B. **Game format-** There shall be two (2), twenty (20) minute halves, with five (5) minutes for half time and four (4) time-outs per game.
- C. **Clock-** The clock will stop for time outs and foul shots, during the first eighteen (18) minutes of each half, but will stop on all dead balls in the final two (2) minutes of each half.
- D. **Overtime-** Consists of a four (4) minute period. The clock will stop for time outs and foul shots, during the two (2) minutes, but will stop on all dead balls in the final two (2) minutes of the period. **Each team will be given one (1) time-out ONLY.**
- E. **Free Throws-** During free throws, players positioned in the lane area, excluding the shooter, may enter the lane after the shooter releases the basketball.
- F. **Warm-up-** ten (10) minute warm-up period before each game. If previous game finishes early, then we will start next game no sooner than **5 minutes** before the original start time.
- G. **Uniforms-** Teams must provide their own uniforms. Must have numbers on the back and no two uniform may have the same number. All uniforms must be of same color. Officials reserve the right to not let teams and/or players play unless all uniform requirements have been met.
- H. **Gym Supervisors-** Approved by the Parks and Recreation Department and will be in charge of all games played in their gyms. Coaches and managers are expected to cooperate with these supervisors and officials in every way possible and their decisions are final.
- I. **Divisions-** Shenandoah County Parks and Recreation reserves the right to place teams in a respective division based on number of teams, last year results, and current roster. Additionally, teams can be moved into a different division at any time during the current season to ensure all division are equal.
- J. **Technical fouls-** will be reported to the Sports Supervisor and kept on file. See Article V.
- K. **Forfeits-** Any team forfeiting three (3) during the season shall:
Penalty: Forfeit entry fee, all remaining league games, and will not be eligible for playoffs.
Manager may appeal in writing within 48 hours to the Shenandoah County Parks and Recreation and the Activities and Programs Committee.
- L. **Mercy Rule-** when a team has a 25pt or more lead at or below the 5 minute mark in the 2nd half, the clock will run continuously and not stop except for time outs.
- M. **4Play Rule-** Team may start with 4 players as long as opposing team agrees. Opposing team has option to accept forfeit **OR** play game. If you start with four (4) players, you finish with four (4) players. If game is played, no protest will be accepted and game will count.

ARTICLE V: PLAYER, SPECTATOR CONDUCT

- A. Any player or coach receiving four (4) technical fouls or flagrant fouls (Not combined): **Penalty:** Suspended from Shenandoah County Park and Recreation programs for a period of one (1) year. At end of one year suspension, the player or coach must appear before the Activities and Programs Committee, where the suspension will be reviewed. Technical fouls will be assessed for the reasons stated in "E" below.
- B. Players receiving two (2) technical fouls or flagrant fouls (not combined) in same game **will be** suspended from the following game.
- C. Cursing or use of profanity will not be tolerated: **Penalty:** Automatic technical foul and possible ejection from game. Not limited to this if deemed necessary by league officials.
- D. Fighting by a player or coach: **Penalty:** Automatic ejection from game and suspension from the league and all Shenandoah County Parks and Recreation Department's activities for one (1) year. At the end of the year's suspension, the player must appear before the Activities and Programs Committee to apply for reinstatement. Not limited to this if deemed necessary by league officials.
- E. Technical fouls will count toward players or coaches suspension and their penalties are:
1. Disrespectfully addressing an official - **Ejection from the game.**
 2. Fighting - **Ejection from the game plus a one year suspension from all leagues and activities.**
 3. Flagrancy - **Ejection from the game plus a one game suspension.**
 4. Abusive profanity - **Ejection from the game plus a one game suspension.**
 5. Unsportsmanlike conduct – **Decision of Parks and Recreation**
 6. Baiting an opponent - **Suspension from the next game.**

*******Decisions will be based on officials and gym supervisor's reports.*******

- F. Property damage or destruction of Shenandoah County Parks and Recreation and/or Shenandoah County Public School System equipment: **Penalty:** One year suspension from all adult leagues and responsible party will be required to pay for all damaged property before playing again in any league. Amount owed will be determined by Shenandoah County Public School system and Shenandoah County Parks and Recreation. Also, individual will be required to pay a fine of \$25 to Shenandoah County Parks and Recreation before playing as well. There will be a "ZERO" tolerance for this conduct.
- G. Harassment or abusive and threatening actions towards **Officials, Parks & Recreation Department staff, or league participants** will not be tolerated. This rule will be enforced before, during and after games and shall be grounds for removal from the league, depending on the severity of the encounter. Conduct may include, but not limited to: threatening comments, verbal harassment, obscene gestures, etc. **Penalty: First Offense-** Suspension for a minimum of two (2) league games. Not limited to this if deemed necessary by league officials. **Second Offense-** Suspension for a minimum of four (4) league games. Not limited to this if deemed necessary by league officials.
- H. Any player, coach, or fan who strikes or pushes in any manner an **Officials, Parks & Recreation Department staff, or league participants** member will serve the penalty of a two (2) year suspension from all leagues and activities; the individual must appear before the Activities and Programs Committee for a decision on reinstatement after conclusion of two (2) year suspension. **Penalty:** Will automatically be suspended for two (2) years from all Parks & Recreation Department activities, but not limited to this if deemed necessary by league officials. A possible warrant for arrest will be issued by the official or Parks & Recreation staff member. There will be no exceptions or appeals.
- I. It is illegal to consume alcoholic beverages on any county owned property. **ALCOHOLIC BEVERAGES** will **not** be permitted on county property before, during, or after league games, practices, or tournaments. Shenandoah County Parks and Recreation staff and law enforcement will be patrolling the premises. Violators will be prosecuted. There will be no appeals process related to any alcohol violations. Per VA Code, Section 4.1-309 and any prosecutions would be considered a Class 2 misdemeanor.

Penalty: **First Offense-** Ejection from current game and next scheduled game as well, but not limited to this if deemed necessary by league officials.

Second Offense- Ejection from current game and a minimum of the next four (4) league games, but not limited to this if deemed necessary by league officials. Player will receive written letter stating possible results if conduct happens again.

Third Offense- Ejection from the current game and remainder of the season. Not limited to this if deemed necessary by league officials.

- J. The Parks and Recreation Department will impose penalties and suspensions upon teams, players and fans such as necessary to ensure the orderly conduct of the league. Notice of such action will be served on the parties involved in any manner convenient and expedient, decision will be final.
- K. See ARTICLE VII for appeals and appeals process. No appeals process related to alcohol violations.
- L. Any player serving a suspension one (1) year or longer must appear before the Activities and Programs Committee for reinstatement.
- M. Any player or fan ejected from a game for any reason listed above must leave the Shenandoah County Public School grounds immediately. Failure to do so could result in additional suspensions.

ARTICLE VI: PROTESTS

- A. Only protests on ineligible players will be considered and they must be made in writing within 48 hours from the date in which the ineligible player participated in a league game.
- B. Protest based solely on a decision, which involves judgment on the part of the official, shall not be considered for protest.
- C. **Protest Procedure:** If any item is not complete, protest will not be accepted.
 - 1. Coach will notify Shenandoah County Parks and Recreation within 48 hours.
 - 2. Official will announce that game is under protest, if coach is considering protesting game.
 - 3. Game MUST continue.
 - 4. Manager will notify Parks and Recreation Department in writing within 48 hours.
 - 5. Information will be presented to the Activities and Programs Committee.
- D. Protest information must contain all the following items
 - 1. Date, time, and location.
 - 2. Name of officials and scorekeepers.
 - 3. All essential facts involved in the matter protested.
 - 4. What the expected outcome should be.
- E. Officials calling the game and opposing manager may be required to submit a written report stating complete facts within 48 hours to Parks & Recreation Department

ARTICLE VII: APPEALS AND APPEALS PROCESS

- A. Appeals will only pertain to ARTICLE V above. **Exception:** no appeal will be considered in regards to alcohol violations: ARTICLE V, SECTION I.
- B. Appeals process: If any item is not complete, appeal will not be accepted.
 - 1. Appeals must be made in writing to the Shenandoah County Parks and Recreation office within 48 hours of incident.
 - 2. Information will be presented to Activities and Programs Committee for review and meeting will be set to hear appeal.
 - 3. The Activities and Programs Committee will decide to uphold or reverse ruling, and if any further actions are necessary.

ARTICLE VIII: PLAYOFFS AND AWARDS

- A. All teams will make the playoffs, unless disqualified from post season play. Single elimination format will be used.
- B. Tournament and regular season seeding are determined by the following:
 - 1. Wins vs. loses.
 - 2. Head-to head amongst teams who are tied.
 - 3. Coin flip
- C. Awards: Regular Season Champ and Runner- ups in each division- Team trophy/plaque
Playoff Champion in each division- Team trophy and t-shirts (max 10 shirts)
Playoff Runner-up in each division- Team trophy/plaque
- D. If there is non-division games played, these games will not count toward play-off seeding, nor will they have a bearing on regular season standings.